

Sweet Dreams, Beautiful Nightmare

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate / Advanced
编舞者: Steven Ooi - December 2009
音乐: Sweet Dreams - Beyoncé



Heel, Touch, Together, Behind, Step, Drag & Touch, Rock & Cross Unwind

- 1&2 Touch left heel forward, step left together, touch right toe behind
3-4 Big step to R, Drag L into a touch next to R.
5-6 Rock back with left, recover to right
&7-8 Step left together, cross right over left, unwind ½ turn (6.00)

Step, Touch, Side, Touch, Turn, Touch, & Walk Walk.

- 1-2 Step left diagonally forward left, Touch right beside left.
3-4 Step right to right side, Touch left beside right.
5-6 ¼ turn left step left to left side, Touch right beside left.
&7-8 Step right beside left, Walk forward left, Walk forward right (3.00)

Together. Touch. Touch out. Drag. Step point. ¼ point. Back. Back.

- 1-3 Step left beside right. Touch right beside left. Touch right to right side.
4&5 Drag right up to left. Step right beside left. Touch left to left side.
6 Make ¼ left keeping weight on right & left toes touched forward.
7-8 Walk back left. Walk back right (12.00)

Sailor ½ left. Step. Lock. Step. step. Sailor ¼ right.

- 1&2 Sailor ½ turn left.
3-6 Step right slightly to right diagonal. Lock left behind right. Step right slightly to right diagonal.
Step left slightly to left diagonal
7&8 Cross step right behind left making ¼ right. Step left to left. Make a large step to right. (9.00)

L Back Rock, L Chasse, R Back Rock, R Kick & Point.

- 1-2 Rock left behind right, Recover onto right.
3&4 Step left to left side, Close right beside left, Step left to left side.
5-6 Rock right behind left, Recover onto left.
7&8 Kick right forward, Step right beside left, Point left to left side (9.00)

Step, Cross, Side, Behind-Side-Cross, Side, Behind-Side-Cross

- 1&2 Step L forward, turn ¼ right step onto R, step L over R
3 Step R to right side
4&5 Step L behind R, step R to right side, step L over R
6 Step R to right side
7&8 Step L behind R, step R to right side, step L over R (12.00)

R Dorothy, L Dorothy, Pivot ½ L, Pivot ¼ L

- 1-2& Step R forward diagonally, lock L behind R, step R forward diagonally
3-4& Step L forward diagonally, lock R behind L, step L forward diagonally
5-6 Step R forward, pivot ½ L
7-8 Step R forward, pivot ¼ L (3.00)

Kick & Point, & Cross, Side, Behind, ¼ L, Pivot ¼ L, Cross

- 1&2& Kick R forward, step R beside L, point L to L, step L beside R
3-4 Cross R over L, step L to L
5-6 Step R behind L, make ¼ turn L step L forward

7&8 Step R forward, pivot ¼ L, cross R forward L (9.00)

No Tags, No Restart

Happylinz.blogspot.com
