Wishing On A Star



拍数: 32 墙数: 4 级数: Intermediate Cha Cha

编舞者: Paul McAdam (UK) - November 2009

音乐: Wishing On a Star - Paul Weller: (Album: Studio 150)



Count in: Approximately 32 counts from first beat, approximately 32 seconds into song. (5.09 length version)

(1-9) SIDE, ROCK BACK, RECOVER, SIDE, ROCK, CROSS, BACK, SIDE, RIGHT SHUFFLE

1,2,3 Step left foot to left side, rock back on right foot, recover weight onto left foot 4&5 Rock right foot out to right side, recover weight on left, cross right foot over left

6,7 Step back on left foot, step right foot to right side

8&1 Left shuffle forward

(10-17) STEP ½ TURN, ½ TURN SHUFFLE BACK, ¼ SIDE TOUCH, ¼ TURN FORWARD, ROCK RECOVER, BIG STEP BACK

2,3 Step forward on right foot, pivot ½ turn left,

4&5 Make a ¼ turn left and step right foot to right side, make a ¼ turn left and cross left foot over

right, step back on right foot

&6,7 Make a ¼ turn left and step left foot to left side, touch right toe out to right side, make a ¼

turn right and step forward on right foot

8&1 Rock left foot forward, recover weight onto right, Step left foot a big step back

(18-25) DRAG BALL STEP, RIGHT SHUFFLE, STEP ½ TURN, ¾ TURN SHUFFLE SWEEP

2&3 Drag right foot back to left foot, step back on ball of right foot, step left foot forward

4&5 Right shuffle forward

6,7 Step forward on left foot, pivot ½ turn right

8&1 Make a ½ turn right and step back on left foot, lock right foot in front of left, make a ¼ turn

right and step back on left foot whilst sweeping right foot back

(26-32) CROSS BEHIND, SIDE, CROSS ROCK SIDE, SWAY X2, TOGETHER X2

2,3 Cross right foot behind left foot, step left foot to left side

4&5 Cross rock right foot over left, recover weight onto left, step right foot to right side

6,7 Sway hips left, sway hips right

Step left foot next to right, step right foot in place, step left foot to left side to start dance

again.

START AGAIN AND ENJOY!

RESTART on 5th Wall on second set of 8, after left quick rock forward on counts 8&.

TAG on 7th wall at end of dance, add the following 8counts:

1-4 Step left foot to left side, touch right toe next to left, step right to right side, touch left to next

to right

5-8 Repeat counts 1-4 then start the dance.