Tired of Waiting



拍数: 32 编数: 2 级数: Intermediate

编舞者: Alison Carrington (UK) - May 2009

音乐: Up All Night - Take That: (Album: Circus)



INTRO: 8 COUNTS (5 SECS). START ON LYRICS 'SOMETIMES I SEE YOUR FACE ETC'

SECTION 1: POINT, BACK, COASTER, MAMBO FORWARD, BACK, LOCK, BACK

1,2 point right toe forward, bring right toe back

3&4 step back on left, step back on right, step forward left

step forward onto right, step forward onto left, step back on right step back on left, bring right back in front of left, step back on left

SECTION 2: KICK, BALL, TOUCH, SAILOR 1/4 RIGHT, BEHIND & FRONT & BEHIND & HEEL

1&2 kick right forward, bring weight onto ball of right, touch left to left

3&4 rock left behind right, rock onto right as make a 1/4 turn right, step left to left

5&6&7&8 bring right behind left, step left to left, step left to left, bring right behind

left, step left to left & heel dig with right

SECTION 3: & CROSS & HEEL & CROSS & HEEL & STEP ½ TURN, TRIPLE ½ TURN

\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
\$182
<l>\$182
\$182
\$182
\$182
\$182</l>

7&8 turn ½ turn to right stepping back on left, step back on right, step back on left

SECTION 4: ROCK BACK, RIGHT LOCK, RIGHT LOCK RIGHT, ROCK & BEHIND 1/4 RIGHT

1&2& rock back on right, forward on left, step right forward, bring left behind right

3&4 step right forward, bring left behind right, step forward right

5,6 side rock left to left, recover onto right

7&8 bring left behind right, turn ½ to right on right, step forward left

THERE IS AN 8 COUNT TAG AT THE END OF WALL 3 ONLY TAG HIP SWAY RIGHT & LEFT, RIGHT KICK, BALL, CHANGE X 2

1,2,3&4 hip sway right & left, kick right forward, step on ball of right, step on left (weight on left) 5,6,7&8 hip sway right & left, kick right forward, step on ball of right, step on left (weight on left)