

Tired of Waiting

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Alison Carrington (UK) - May 2009
音乐: Up All Night - Take That : (Album: Circus)



INTRO: 8 COUNTS (5 SECS). START ON LYRICS ' SOMETIMES I SEE YOUR FACE ETC'

SECTION 1: POINT, BACK, COASTER, MAMBO FORWARD, BACK, LOCK, BACK

1,2 point right toe forward, bring right toe back
3&4 step back on left, step back on right, step forward left
5&6 step forward onto right, step forward onto left, step back on right
7&8 step back on left, bring right back in front of left, step back on left

SECTION 2: KICK, BALL, TOUCH, SAILOR ¼ RIGHT, BEHIND & FRONT & BEHIND & HEEL

1&2 kick right forward, bring weight onto ball of right, touch left to left
3&4 rock left behind right, rock onto right as make a ¼ turn right, step left to left
5&6&7&8 bring right behind left, step left to left, step right over left, step left to left, bring right behind left, step left to left & heel dig with right

SECTION 3: & CROSS & HEEL & CROSS & HEEL & STEP ½ TURN, TRIPLE ½ TURN

&1&2 step on right & cross left over right, step on right & heel dig left
&3&4 step on left & cross right over left, step on left & heel dig right
&5,6 bring weight onto right, step forward with left & ½ turn right
7&8 turn ½ turn to right stepping back on left, step back on right, step back on left

SECTION 4: ROCK BACK, RIGHT LOCK, RIGHT LOCK RIGHT, ROCK & BEHIND ¼ RIGHT

1&2& rock back on right, forward on left, step right forward, bring left behind right
3&4 step right forward, bring left behind right, step forward right
5,6 side rock left to left, recover onto right
7&8 bring left behind right, turn ¼ to right on right, step forward left

THERE IS AN 8 COUNT TAG AT THE END OF WALL 3 ONLY

TAG HIP SWAY RIGHT & LEFT, RIGHT KICK, BALL, CHANGE X 2

1,2,3&4 hip sway right & left, kick right forward, step on ball of right, step on left (weight on left)
5,6,7&8 hip sway right & left, kick right forward, step on ball of right, step on left (weight on left)