

# This Is It

拍数: 32                      墙数: 4                      级数: Novice / Beginner WCS  
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音乐: This Is It - Michael Jackson



## STEP RIGHT TO THE SIDE, KNEE POP, ¾ TURN, WALK, WALK, ANCHOR STEP;

1                      RF step side right, knee pop out  
&                      RF knee pop in  
2                      RF knee pop out  
3                      LF put weight on, ¼ turn right  
4                      ending ½ turn right (9.00)  
5                      RF walk forward  
6                      LF walk forward  
7                      RF step behind LF  
&                      LF step in place  
8                      RF step in place

## ½ TURN LEFT, 1 ¼ TRACE TURN, WALK, WALK, ½ SAILORTURN;

1                      RF ½ turn left (3.00)  
2                      LF put weight on, start turning  
3                      LF ½ turn left, keep RF next to LF  
4                      LF ¾ turn left, keep RF next to LF (12.00)  
5                      RF step forward  
6                      LF step forward  
7                      RF/LF ½ turn right on LF, cross RF behind LF (6.00)  
&                      LF step to side  
8                      RF step to side

## KICK, CROSS, POINT, KICK, CROSS, POINT, KNEE POPS;

1                      LF kick forward  
&                      LF cross over RF  
2                      RF point to side, hands out and click fingers  
3                      RF kick forward  
&                      RF cross over LF  
4                      LF point to side, hands out and click fingers  
5                      RF/LF knee pop in, heels out  
&                      RF/LF knee pop out, heel in  
6                      RF/LF knee pop in, weight on LF, RF toe up  
7                      RF/LF knee pop in, heels out  
&                      RF/LF knee pop out, heel in  
8                      RF/LF knee pop in, weight on RF, LF toe up

## DRAG, CROSS, STEP, CROSS, SWEEP, 1/4 TURN LEFT, ILLUSION WALKS;

1                      LF drag heel to RF  
2                      LF cross behind RF  
&                      RF step to the side  
3                      LF cross over RF  
4                      LF ¼ turn left with sweep RF (3.00)  
5                      RF/LF weight on RF, push LF backwards  
6                      RF/LF step LF in place, push RF backwards  
7                      RF/LF step RF in place, push LF backwards

