

Heads Held High

COPPER **KNOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Jo Kinser (UK), John Kinser (UK) & Mark Furnell (UK) - November 2009
音乐: Coming Home - The Soldiers : (Album: Coming Home)



Start 20 counts in on the vocals (0:18).

(1-8) Side Rock & Turn, Rock & Hook, Step Turn, Step Turn, Back Back

1 Step Rt to Rt
2&3 Rock Lt behind Rt, Replace weight Rt, Make a 1/4 turn Rt stepping Lt back
4& Make 1/4 turn Rt Rocking Rt to Rt, Make 1/4 turn Lt replacing weight Lt
5& Make a 1/2 turn Lt stepping back on Rt, Make a 1/4 turn Lt hooking Lt in front of Rt
6&7 Step Lt fwd, Step Rt fwd, Make a 1/2 turn Lt stepping Lt fwd
&8& Make 1/2 turn Lt stepping back on Rt, Step Lt back, Step Rt back

(9-16) Prep & Turn, Rock Step, Turn Turn, Step 1/4 Cross, Turn Turn Cross

1 Make 1/4 turn Lt rocking Lt to Lt
2&3 Make 1/4 turn Rt replacing weight Rt, Make 1/2 turn Rt stepping back on Lt, Rock Rt back
4 Replace weight fwd on Lt

RESTART HERE: 6th Wall facing 9 o'clock

&5 Make 1/2 turn Lt stepping Rt back, Make 1/2 turn Lt stepping fwd on Lt
6& Step Rt fwd, Make 1/4 turn Lt replacing weight on Lt
7 Cross Rt in front Lt
&8& Make 1/4 turn Rt stepping Lt back, Make 1/4 turn Rt stepping Rt to Rt, Cross Lt in front of Rt (facing 5 o'clock)

(17-24) Step, Rock Step Drag, Coaster 1/4, Fwd Coaster Step, Back Back Turn

1 Step Rt fwd (facing 5 o'clock)
2&3 Rock Lt fwd, Replace weight Rt, Step back Lt a Large step dragging Rt back
4&5 Step Rt back, Step Lt to Lt (facing 3 o'clock), Step Rt fwd (facing 1 o'clock)
6&7 Step Lt fwd, Step Rt next to Lt, Step Lt back
&8& Step Rt back, Step Lt back, Make a 3/8 turn over your Rt shoulder stepping Rt fwd (facing 6 o'clock)

(25-32) Step Turn, Step Together, Salute – Down, Fwd Turn, Cross Side

1 Step Lt fwd
2&3 Make 1/2 turn Rt replacing weight Rt, Step Lt fwd, Step Rt next to Lt
4,5 Bring your Rt hand up to a Salute, Bring hand back down to side
6,7 Step Rt fwd, Make a 1/4 turn Lt replacing weight Lt
8& Cross Rt in front of Lt, Step Lt to Lt bring Rt foot next to Lt

ENDING:

Step, Turn, Step Turn Together, Salute

1,2 Step Lt fwd, Make 1/2 turn Rt replacing weight Rt
3&4 Step Lt fwd, Make 1/2 turn Rt replacing weight Rt, Step Lt next to Rt (facing 12 o'clock)
5 Bring your Rt hand up to a Salute
6-8 Slowly bring your hand back down to Rt side.

HAVE FUN

This dance is a tribute to the Soldiers and Families Worldwide.

Co-choreographers: (11.09)

Jo & John Kinser Email: jo@jjkdancin.com Website: www.jjkdancin.com

Mark Furnell Email: marksfurnell@yahoo.co.uk Website: www.freewebs.com/markfurnell
