## In This Life



编舞者: Charlotte Macari (UK) - October 2009

音乐: In This Life - Collin Raye 或: In This Life - Ronan Keating



#### Right Side Together, Cross, Left Side, Together, Cross, Step 1/4 Right, Step Pivot, Left Rocking Chair

1,2&	Step right to right side, Step left next to right, Step right across left
3,4&	Step left to left side, Step right next to left, Step left across right

5,6& Turn ¼ right stepping forward to right, Step forward left, Turn ½ pivot right [9.00]

7&8& Rock forward on left, Recover right, Rock back on left, Recover right

# Step Forward Left With Sweep, Right Twinkle, Left Twinkle With ½ To Left, Cross, Side Step, Cross Rock, Recover, Step ¼ Right, Full Turn Right

1	Step forward on left, whist sweeping right from back to forward
2&3	Cross right over left, Step back left to left diagonal, Step right back to right diagonal
4&5	Cross left over right, Turn $\frac{1}{4}$ left stepping back on right, Turn $\frac{1}{4}$ left stepping left to left side [3.00]
6&	Step right across left, Step left to left side
7&	Cross right over left, Recover on left
8&1	Turn $\frac{1}{4}$ right stepping forward on right, Turn $\frac{1}{2}$ right stepping back on left, Turn $\frac{1}{2}$ right stepping forward on right [6.00]

Easy: Step forward left, right on counts &1

## Left Step Pivot, Step, Right Step Pivot ¼, Cross, Left Side Rock, Recover, Step Left Behind With Sweep, Weave

2&3	Step forward left, Turn ½ Pivot right, Step forward left [12.00]
4&5	Step forward right, Turn ¼ left, Cross right across left [9.00]
6&7	Rock left to left side, Recover, Cross left behind right, whilst sweeping right from front to back
8&1	Cross right behind left, Step left to left side, Cross right infront of left

#### Touch Touch Weave Sway Right Sway Left Two Quick Sways R L

Touch, Touch, Weave, Sway Right, Sway Left, Two Quick Sways R,L		
2-3	Touch left foot forward, then to the left side	
4&5	Step left behind right, Step right to right side, Cross left over right	
6-7	Step right to right side, swaying hips to right, Transfer weight back onto left taking hips to left	
8&	Sway hips right the left, (step to right on count 1 to restart dance!!)	

### RESTART: on wall 3, with tiny tag! After Counts 2&3 of section two, (Right Twinkle), Wall 3 add

4& Cross left over right, Turn ¼ left on left, touching right next to left, Restart dance facing 12.00

Enjoy & Smile!