

The Kinser Influence

拍数: 32 墙数: 4 级数: Beginner
编舞者: Cato Larsen (NOR) - September 2009
音乐: Bad Influence - P!nk : (CD: Funhouse 08)



Intro: Start the dance at the vocals after 32 counts. (16 seconds).

(1–8) Side, Touch, Side, Touch, Kick Ball Cross, Back, 1/4 Turn.

- 1,2 Step right to right side (1), Touch left toe next to right (2). [12:00]
- 3,4 Step left to left side (3), Touch right toe next to left (4).
- 5& Kick right foot diagonally forward right (5), Step right next to left (&).
- 6 Cross left over right (6).
- 7 Pivot ¼ turn left Stepping back on right (7). [9:00]
- 8 Pivot ¼ turn left Stepping left to left side (8). [6:00]

(9–16) Cross, Point, Cross, Point, Jazz Box.

- 1,2 Cross right over left (1), Point left toe to left side (2).
- 3,4 Cross left over right (3), Point right toe to right side (4).
- 5,6 Cross right over left (5), Step back on left (6).
- 7,8 Step right to right side (7), Step forward on left (8).

(17–24) The Macarena Part.

- 1,2 Step right to side and lift right hand up to right side (1), Hold (2).
- 3,4 Step left to side and lift left hand up to left side (3), Hold (4).
- 5 Step right in place and place right hand on left hip (5).
- 6 Step left in place and place left hand on right hip (6).
- 7 Step right in place and place right hand on right buttock (7).
- 8 Step left in place and place left hand on left buttock (8).

(25–32) Walk Around In ¾ Circle.

- 1,2 Step forward on right (1), Hold (2).
- 3,4 Turn sharply ¼ turn left Steeping forward on left (3), Hold (4). [3:00]
- 5-7 Walk around another ½ turn left Stepping right, left, right (5-7). [9:00]
- 8 Step forward on left (8).

Note: Thanks to Jo & John Kinser + Mark Furnell for a great choreography and for allowing me to use parts of the original dance in this beginner alternative!