

Be gentle with me

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Steve Price (UK) - November 2009
音乐: Be Gentle With Me - The Boy Least Likely To



Music suggestion (no tags): Fool Hearted Memory (90bpm) by George Strait

Walk, Walk, Kick Ball Change, Rock Forward, Triple ½ Turn

1-2 Step right forward, step left forward
3&4 Kick right foot forward, step right beside left, step left in place.
5-6 Rock right forward, replace on left
7&8 Triple ½ turn right, stepping right, left, right

Triple ½ Turn , Step Side, Scuff, Shuffle Forward, Rock,

9&10 Triple ½ turn right, stepping left, right, left
11-12 Step right 1/4turn, scuff left forward.
13&14 Step left forward, close right beside left, step left forward
15-16 Rock forward right, replace on left

¼ Sailor Step, Behind Side Cross, Side Rock, ¼ Sailor Step

17&18 Cross right foot behind left whilst turning ¼ right, Step left to left side, step right foot next to left.
19&20 Cross left behind right, step right to right side, cross left over right
21-22 Rock right to right side, whilst swaying hips to right
23&24 Cross right foot behind left whilst turning ¼ left, step left to left side, step right foot next to left

Rock, Coaster Step, Heel and Heel, Kick Ball Change

25-26 Rock forward on left, replace on right
27&28 Step left back, close right beside left, step left forward
29&30& Place right heel forward, replace right next to left, place left heel forward, replace left next to right
31&32 Kick right foot forward, step right beside left, step left in place

Tags: Both facing front wall

Tag1: At the end of the 4th wall there is an 8-count tag

1-2 Step right forward, Pivot ¼ left
3-4 Step right forward, Pivot ¼ left
5-6 Step right forward, Pivot ¼ left
7-8 Step right forward, Pivot ¼ left (Brings you back to front wall)

Tag2: At the end of 8th wall there is a 12-count tag

Same as tag1 counts 1-8, then

9-10 Rock forward right, replace left,
11-12 Rock back right, replace left (Rocking chair)

Optional ending to end the dance facing the front wall:

On the 12th wall, (facing 9 o'clock) dance the first 16 counts, then

17&18 Triple ½ turn right, stepping right, left, right
19-20 Step left forward, pivot half right and step left next to right