

Gift of A Friend

COPPER KNOB
BY STEPHEN BATES

拍数: 72 墙数: 2 级数: Intermediate
编舞者: Martin Blandford (UK) & Paul Worthington (UK) - October 2009
音乐: Gift of a Friend - Demi Lovato : (CD: 'Here We Go Again' - Bonus Track)



Start after a 12 count intro.

There is 1 Tag and 1 restart

Section 1: ¼ left, Side Rock, Cross Unwind ½ Turn Left, Behind, Side, Cross, Side, Rock, Recover.

1-2-3 Turn ¼ left, stepping forward left. Rock to side on right, recover on left
4-5-6 Cross right over left, unwind ½ turn left (sweeping left around from front to back) (3 O'clock)
1-2-3 Step left behind right, step right to side, cross left over right,
4-5-6 Step right to right side, rock left behind right, recover onto right.

Section 2: ¼ Right (x2), Cross, ¼ left (x2). Forward Basic, ½ turn left.

1-2-3 Turn ¼ right stepping back left, step ¼ right stepping right to side. Cross left over right (9 O'clock)
4-5-6 Turn ¼ left stepping back right, step ¼ left stepping left to side, cross right over left (3 O'clock)
1-2-3 Step forward left, step right next to left, step left in place.
4-5-6 Turn ¼ left stepping back on right foot, turn ¼ left stepping forward left, step right next to left (9 O'clock)

Section 3: Forward Basic, ¼ Turn Left, Step Point Hold (x2)

1-2-3 Step forward left, step right next to left, step left in place.
4-5-6 Turn ¼ left stepping back on right foot, step left next to right step right in place (6 O'clock)
1-2-3 Step forward on left, point right to right forward diagonal, hold
4-5-6 Step back on right, point left back on left diagonal, hold

Section 4 ¼ Monterey, ½ Monterey, ¼ Monterey, Full Monterey

1-2-3 Turn ¼ left stepping forward left, point right to side, hold (3 O'clock)
4-5-6 Turn ½ right stepping right next to left, point left to side, hold (9 O'clock)
1-2-3 Turn ¼ left stepping forward left, point right to side, hold (6 O'clock)
4-5-6 Turn full turn to right stepping right next to left, point left to side, hold

Section 5: Cross, Back, Side, Step, Sweep, Cross, Back, Side, Step, Sweep

1-2-3 Cross left over right, step back right, step to side left
4-5-6 Step forward right, sweep left around and over right (counts 5 & 6)
1-2-3 Cross left over right, step back right, step to side left
4-5-6 Step forward right, sweep left around and over right (counts 5 & 6)

**** RESTART****

Section 6: Step, Step, ½ Turn, Step, Hold (x2), Step Back, Reverse ½ Turn, Coaster Step

1-2-3 Step forward left, step forward right, ½ turn left (12 O'clock)
4-5-6 Rock forward right, hold, hold
1-2-3 Step back left, make ½ reverse turn to right sweeping right around (6 O'clock)
4-5-6 Step back right, step left next to right, step forward right

ENJOY!

NOTE:

Tag: At the end of wall 2 – Repeat last 12 counts of section 6

Restart on wall 5 after section 5.
