Lizzie's Waltz



拍数: 48 墙数: 2 级数: Intermediate

编舞者: Shanthie De Mel (AUS) - September 2009

音乐: Three Times A Lady - Tony Evans Dancebeat Studio Band.



Introduction: 12 Counts. Begin on vocals -"Thanks for the times" No Tags. No Restarts. 98 BPM. Do your own styling.

This dance is dedicated to the fond memory of the late LIZZIE 'BOOTSCOOT' WALKER who always promoted line dancing with a passion in Melbourne, & who a year ago, rocked, shuffled, kicked and spun with us. With the singer we say – "Thanks for the times you've given us"

(1-6) CROSS. ROCK. RECOVER. BACK. x2

1, 2&3 Step R across L. Rock L to left side. Recover on R. Step L slightly back.

4, 5&6 Step R across L. Rock L to left side. Recover on R. Step L slightly back. (12:00)

Styling. Bend both knees on cross, & sway hips both directions when rocking.

(7-12) WALTZ BACK. FORWARD. TURN 1/4 RIGHT SIDE. SIDE.

1, 2, 3 Step R back. Step L together. Step R together.

4, 5, 6 Step L forward. Turn 1/4 right on R. Step L to left side. (3:00)

(13-18) FORWARD. TAP. KICK. SYNCOPATED SAILOR WALTZ.

1, 2, 3 Step forward on R. Tap L beside R. Kick L forward.

4, 5&6 Step back on L. Sweep R out behind L. Step L to left side. Step R to right side (3:00)

(19-24) FORWARD. TAP. KICK. SYNCOPATED SAILOR WALTZ.

1, 2, 3 Step forward on L. Tap R beside L. Kick R forward.

4, 5&6 Step back on R. Sweep L out behind R. Step R to right side. Step L to L side (3:00)

(25-30) FORWARD. TURN 1/2 LEFT. TOGETHER. SLOW LIFT.

1, 2, 3 Step R forward. Turn 1/2 left on L. Step R together. (9:00)

4, 5, 6 Step L forward. Slow lift R for 2 counts. (9:00)

(31-36) WALTZ BACK. FORWARD. SLOW LIFT.

1, 2, 3 Step R back. Step L together. Step R together. 4, 5, 6 Step L forward. Slow lift R for 2 counts. (9:00)

(37-42) BACK. TURN 1/4 RIGHT. HOOK. SYNCOPATED SHUFFLE FORWARD.

1, 2, 3 Step R back. Turn 1/4 right on L. Hook R over L. (12:00)

4, 5&6 Shuffle forward R-L-R-L. (12:00)

(43-48) FORWARD. TURN 1/2 LEFT. DRAG. POINT. HOLD.

1, 2, 3 Step R forward. Turn 1/2 left on L. Sway to right side on R. (6:00)

4, 5, 6 Drag L to left side with a sway. Point R to right side. Hold. (6:00)

Last Update: 2 Feb 2025