So Yesterday

拍数: 32	墙数: 2	级数: Intermediate

编舞者: Jo Kinser (UK) & Mark Furnell (UK) - October 2009

音乐: Yesterday - Toni Braxton : (Single: Yesterday)

Start 16 counts in on the vocals (0:12).

(1-8) Fwd, Step, Full Turn, Back Lock Step, Side, Rock, Cross, Side, Cross

1	Step Rt fwd
2&3	Step Lt fwd making 1/2 turn Rt (in place), Step Rt fwd, Make a 1/2 turn Rt stepping back Lt
4&5	Step Rt back, Lock Lt in front of Rt, Step Rt back
6	Step Lt a big step to Lt
7&	Step ball of Rt behind Lt heel, Make 1/4 turn Lt crossing Lt over Rt
8&	Step Rt to Rt, Cross Lt over Rt

(9-16) Side, Rock Replace, Side, Rock 1/4 Side, Rock Turn Hook, Step Lock

1	Step Rt a big step to Rt
2&3	Rock Lt back, Replace weight Rt over Lt, Step Lt to Lt
4&5	Rock Rt back, Replace weight Lt, Make 1/4 turn Lt stepping Rt to Rt
6&	Rock Lt back, Replace weight Rt over Lt
7&	Make a 1/4 turn Rt stepping back Lt, Make a 1/2 turn Rt hooking Lt in front of Rt
8&	Step Rt fwd, Lock Lt behind Rt

(17-24) Lunge, Back, Coaster Step, Rock Replace, Triple Full Turn Sweep

1,2	Lunge fwd on Rt, Replace weight Lt stepping back Lt
3&4	Step back Rt, Step Lt next to Rt, Step Rt fwd
5,6	Rock Lt fwd, Replace weight Rt
7&8	Make a full turn Lt in place (walk around turn) Lt, Rt, Lt
&	Sweep the Rt foot from back to front

(25-32) Cross-Tap, Back Lock Back, Turn, Side, Rock & Turn Turn Hitch

1	Crossing Rt in front of Lt as Lt foot taps behind Rt (3 o'clock)
2&3	Step Lt back angling body diagonally Rt (5 o'clock), Lock Rt in front of Lt, Step Lt back
4,5	Make 1/8th turn Rt stepping Rt fwd (6 o'clock), Make 1/4 turn Rt stepping Lt to Lt (9 o'clock)
6&7	Rock Rt back, Replace weight Lt, Make 1/4 turn Lt stepping Rt back (6 o'clock)
8&	Make 1/2 turn Lt stepping Lt fwd (12 o'clock), Make 1/2 turn Lt in place hitching Rt (6 o'clock)

HAVE FUN