

Admit It

拍数: 32 墙数: 2 级数: Easy Intermediate
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音乐: Admit It - Esmée Denters



Intro : 16 counts after the first beat

Kick & Touch, Coaster ¼ Turn R, Rock Step, Walk Back 2x

1&2 Kick left foot fwd, step left beside right, touch right to the right side.
3&4 ¼ turn left step right back, step left next to right, step right fwd.
5-6 rock right fwd, recover on left
7-8 walk back, left , right.

Side Step, Hitch, 2x ¼ Turn R, Kickball Step, Heel Swivels with ½ Turn R, Hitch

1-2 step left to the left side, hitch right next to left knee.
3-4 ¼ turn right step right fwd, ¼ turn right step left to the left side.
5&6 kick right fwd, step right next to left, step left fwd
7&8 ¼ turn right swivel heel left, swivel heels right, ¼ turn right swivel heels left with hitch of right leg.

Walk, Walk , ¼ Turn R with Cross, Side Step, Sailor Step, Side Rock, Kickball Cross

1-2 step fwd, right & left
&3 ¼ turn right cross right over left, step left to the left side
4&5-6 cross right behind left, step left to the left side, step right to the ride side, rock left out to the left side
7&8 kick right diagonally fwd, step right next to left, cross step left over right

Rock Fwd, R Coaster Step with ¼ Turn L, Step Fwd, Pivot ¾ Turn L, Side Step

1-2 rock right diagonally fwd, recover on left
3&4 cross right behind left, ¼ turn L step left fwd, step right fwd.
5-6 step left fwd, step right fwd.
7-8 ¾ turn left weight on left, step right to the right side.

Tag: after the 3e wall.

1-2 step left back, touch right next to left
3-4 step right back, step left next to right
5-6 rock right to the right side, recover on left
&7-8 close right next to left, rock left to the left side, recover on right

Have Fun
