

Without a Trace

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
编舞者: Sue Ann Ehmann (USA) - October 2009
音乐: Runaway - Love and Theft : (CD: World Wide Open)



Intro: 32 count (lyrics)

Slower track for teaching: Believe Me Baby (I Lied) by Trisha Yearwood (120 bpm)

(1-8) LEFT SIDE ROCK, RECOVER, STEP, HOLD, ROCK, HOLD, RECOVER, HOLD

1-4 Rock left to side, recover to right, step left forward, hold
5-6 Rock back on right while looking over right shoulder, hold,
7-8 Recover to left (looking forward), hold

(9-16) RIGHT SIDE, TOGETHER, SIDE, TOUCH, TURN 1/4 LEFT TRIPLE FORWARD, HOLD

1-4 Step right to side, step left beside right, step right to side, touch left beside right
5-8 Turn 1/4 left step left forward, step right beside left, step left forward, hold 9:00

Restart here on wall 5

(17-24) RIGHT FORWARD COASTER, HOLD, LEFT BACK COASTER, HOLD

1-4 Step right forward, step left beside right, step right back, hold
5-8 Step left back, step right beside left, step left forward, hold

(25-32) STEP 1/2 TURN, STEP, STEP, RIGHT SIDE ROCK, RECOVER, STEP, HOLD

1-4 Step right forward, turn 1/2 left stepping left in place, step right forward, step left forward 3:00
5-8 Rock right to side, recover to left, step right forward, hold

Tag here at end of wall 11

BEGIN AGAIN!

Restart – On wall 5 (which begins at 12:00) dance through count 15 (1/4 left triple forward STEP RIGHT BESIDE LEFT for count 16.) Restart the dance at the beginning. (You will be facing 9:00 when you start over.)

Tag – Left Rocking Chair - at end of wall 11 (which begins at 12:00 as he sings “It’s crazy I know . . .”).

Remember to hold for count 8 then do the tag.

1-4 Rock left forward, recover to right, rock left back, recover to right. (You’ll be facing 3:00 when you do this tag.) Start again at the beginning.