

Bocklem Swing

COPPER **KNOB**
STEPSHEETS

拍数: 64 墙数: 2
编舞者: Knox Rhine (USA) - March 2009
音乐: Spooky - Classics IV

级数: Advanced / Beginner



16 count intro.

WALK, WALK, TAP-SCOOT-STEP, SHUFFLE BACK, ROCK-STEP

- 1 Step RIGHT foot forward
- 2 Step LEFT foot forward
- 3 Tap RIGHT toe behind left heel
- & Scoot back on LEFT foot
- 4 Step RIGHT foot back
- 5 Step LEFT foot back
- & Step RIGHT foot beside left foot
- 6 Step LEFT foot back
- 7 Step RIGHT foot back
- 8 Rock forward onto LEFT foot

TOE, HEEL CROSS-SIDE-CROSS, TOE, KICK, CROSS, UNWIND

- 9 Touch RIGHT toe at instep of left foot
- 10 Touch RIGHT heel at instep of left foot
- 11 Step RIGHT foot across in front of left leg
- & Step LEFT foot to left side
- 12 Step RIGHT foot across in front of left leg
- 13 Touch LEFT toe at right instep
- 14 Kick LEFT foot forward-left
- 15 Step LEFT foot across in front of right leg
- 16 Unwind 1/2 turn right, weight on left foot

TOE, HEEL CROSS-SIDE-CROSS, TOE, KICK, CROSS, UNWIND

- 17 Touch RIGHT toe at instep of left foot
- 18 Touch RIGHT heel at instep of left foot
- 19 Step RIGHT foot across in front of left leg
- & Step LEFT foot to left side
- 20 Step RIGHT foot across in front of left leg
- 21 Touch LEFT toe at right instep
- 22 Kick LEFT foot forward-left
- 23 Step LEFT foot across in front of right leg
- 24 Unwind 1/2 turn right, weight on left foot

WALK, WALK, SHUFFLE-1/2 TURN-SHUFFLE, ROCK STEP

- 25 Step RIGHT foot forward
- 26 Step LEFT foot forward
- 27 Step RIGHT foot forward
- & Step LEFT foot beside right foot
- 28 Step RIGHT foot forward
- & Pivot 1/2 turn right on ball of RIGHT foot
- 29 Step LEFT foot back
- & Step RIGHT foot beside left foot
- 30 Step LEFT foot back
- 31 Step RIGHT foot back

32 Rock forward onto LEFT foot

WALK, WALK, SHUFFLE-1/2 TURN-SHUFFLE, ROCK STEP

33 Step RIGHT foot forward
34 Step LEFT foot forward
35 Step RIGHT foot forward
& Step LEFT foot beside right foot
36 Step RIGHT foot forward
& Pivot 1/2 turn right on ball of RIGHT foot
37 Step LEFT foot back
& Step RIGHT foot beside left foot
38 Step LEFT foot back
39 Step RIGHT foot back
40 Rock forward onto LEFT foot

HESITATION TWISTS

41 Step RIGHT foot forward
42 Hold
43 Pivot 1/4 turn left on balls of BOTH feet
44 Hold
45 Pivot 1/4 turn right on balls of BOTH feet
46 Pivot 1/4 turn left on balls of BOTH feet
47 Pivot 1/4 turn right on balls of BOTH feet
48 Pivot 1/2 turn left on balls of BOTH feet, weight on LEFT foot

JAZZ BOX SHUFFLES

49 Step RIGHT foot across in front of left leg
50 Step LEFT foot back
51 Step RIGHT foot to right side
& Step LEFT foot beside right foot
52 Step RIGHT foot to right side
53 Step LEFT foot across in front of right leg
54 Step RIGHT foot back
55 Step LEFT foot to left side
& Step RIGHT foot beside left foot
56 Step LEFT foot to left side

K-HIP BUMPS

57 Step RIGHT foot and hip forward-right
& Relax hips to center
58 Rock hips forward onto RIGHT foot
59 Rock hips back onto LEFT foot
& Relax hips to center
60 Rock hips back onto LEFT foot
61 Step RIGHT foot and hips back-right
& Relax hips to center
62 Rock hips back onto RIGHT foot
63 Rock hips forward onto LEFT foot
& Relax hips to center
64 Rock hips forward onto LEFT foot
