

# Shaken Not Stirred

COPPERKNOB  
BY STEPHENETS

拍数: 48      墙数: 4      级数: Improver / Intermediate  
编舞者: Paul McAdam (UK) - October 2009  
音乐: Don't Get Me Shook Up - Duke Robillard



Count in: 48 counts into song on approximately 27 seconds

## (1-8) 2 WALKS BACK, COASTER CROSS ¼ TURN, HIP BALL CROSS X2

1,2      Walk back on left foot, walk back on right foot  
3&4      Step back on left foot, step right foot together, make a ¼ turn left and cross left foot over right  
5&6      Bump hips a small bump left, step right foot to right side cross left foot over right  
7&8      Repeat steps 5&6

## (9-16) ¼ TURN SIDE, CROSS SHUFFLE, SWITCH X2, JUMP FORWARD & BACK

1,2      Step right foot to right side, make a ¼ turn left and step left foot to left side  
3&4      Cross right foot over left, step left foot to left side, cross right foot over left  
5&6      Touch left toe out to left side, step left next to right, touch right toe out to right side.  
&7      Step right foot forward, step left foot next to right  
&8      Step right foot back, step left foot next to right

## (17-24) WALKS X2, SHUFFLE, STEP ½ TURN SHUFFLE

1,2      Walk forward right, walk forward left  
3&4      Right shuffle forward  
5,6      Step forward on left foot, pivot ½ turn right  
7&8      Left shuffle forward

## (25-32) HIP BUMP TOUCHES X2 HIP BUMP TURNS X2

1&2      Touch right toe to right diagonal and bump right hip, bump hip back over left foot, step right foot on right diagonal  
3&4      Touch left toe to left diagonal and bump left hip, bump hip back over right foot, step left foot on left diagonal  
5&6      Make a ¼ turn left and touch right toe to right side bumping right hip, bump hip back over left foot, make a ¼ turn right and step back on right foot  
7&8      Make a ¼ turn right and touch left toe to left side bumping left hip, bump hip back over right foot, make a ¼ turn right and step left foot forward

## (33-40) ROCK RECOVER ½ TURN SHUFFLES X2

1,2      Rock forward on right foot, recover on left  
3&4      ½ turn shuffle over right shoulder  
5,6      Rock forward on left foot, recover on right  
7&8      ½ turn shuffle over left shoulder

## (41-48) HEEL JACKS X2 ¼ TURN HEEL JACKS X2 WITH TOUCH

&1&2      Step right foot to right side, touch left heel to left diagonal, step left foot down, cross right foot over left  
&3&4      Step left foot to left side, touch right heel to right diagonal, step right foot down, cross left foot over right  
&5&6      Make a ¼ turn left and step back on right foot, touch left heel to left diagonal, step down on left foot, cross right foot over left  
&7&8      Step left foot to left side, touch right heel to right diagonal, step right foot down, touch left toe next to right foot.

**START AGAIN AND ENJOY!**

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