

# Forever Is Over

**COPPER** **KNOB**  
BY STEPHENETS

拍数: 64                      墙数: 2                      级数: Intermediate  
编舞者: Dee Musk (UK) - October 2009  
音乐: Forever Is Over (Radio Edit) - The Saturdays : (Single - 3:24)



**88 Count Intro - BPM 136 Start On heavy beat when they sing 'Forever Is Over' Approx 39 seconds.**

## **CROSS BACK SIDE STEP FORWARD, KICK STEP BACK TOUCH BACK ½ TURN L.**

1-4                      Cross step R over L, step back on L, step R to R side, step forward on L.  
5-8                      Kick R forward, step R back, touch L toe back, make a ½ turn L (weight forward on L).

**\*\* Restart here during wall 4 – begin again facing 6 o'clock. (6 o'clock).**

## **TOE STRUT, STEP L PIVOT R, TOE STRUT, FULL TURN L.**

1,2                      Step R toe forward, drop R heel.  
3,4                      Step forward on L, make a ½ turn R (weight forward on R).  
5,6                      Step L toe forward, drop L heel.  
7,8                      Travelling forward make a ½ turn L stepping back on R, make a ½ turn L stepping forward on L (weight forward on L).

**(Optional walk forward R, L). (12 o'clock).**

**\* Restart here during wall 2 - begin again facing 6 o'clock.**

## **CROSS SIDE SAILOR STEP, CROSS ¼ TURN L, ¼ TURN L WITH SIDE SHUFFLE.**

1,2                      Cross step R over L, step L to L side.  
3&4                      Cross step R behind L, step L to L side, step R to R side.  
5,6                      Cross step L over R, make a ¼ turn L stepping back on R.  
7&8                      Make a ¼ turn L side shuffling L, R, L. (6 o'clock).

## **CROSS ROCK SIDE SHUFFLE, CROSS BACK SIDE TOUCH.**

1,2                      Cross rock R over L, recover weight to L.  
3&4                      Step R to R side, close L beside R, step R to R side.  
5-8                      Cross step L over R, step back on R, step L to L side, touch R beside L. (6 o'clock).

## **STEP FORWARD KICK, BACK TOUCH, STEP BACK KICK, BACK ROCK RECOVER.**

1,2                      Step forward on R, kick L forward.  
3,4                      Step back on L, touch R beside L.  
5,6                      Step back on R, kick L forward.  
7,8                      Rock back on L, recover weight to R. (6 o'clock).

## **L SHUFFLE FORWARD, STEP ¼ TURN L, WEAVE WITH ¼ TURN L.**

1&2                      Shuffle forward stepping L, R, L.  
3,4                      Step forward on R, make a ¼ turn L.  
5-8                      Cross step R over L, step L to L side, cross step R behind L, make a ¼ turn L stepping forward on L. (12 o'clock).

**\*\*\* Restart here during wall 6 – begin again facing 12 o'clock.**

## **FORWARD ROCK, ½ TURN R, ¼ TURN R, SAILOR STEP, CROSS SWEEP.**

1,2                      Rock forward on R, recover weight to L.  
3,4                      Make a ½ turn R stepping forward on R, make a ¼ turn R stepping L to L side.  
5&6                      Cross step R behind L, step L to L side, step R to R side.  
7,8                      Cross step L over R, sweep R from behind L to in front of R. (9 o'clock).

## **CROSS SIDE BEHIND POINT, CROSS ¼ TURN L, SIDE SHUFFLE L.**

1-4                      Cross step R over L, step L to L side, cross step R behind L, point L to L side.

5,6                    Cross step L over R, make a ¼ turn L stepping back on R.  
7&8                    Step L to L side, close R beside L, step L to L side. (6 o'clock).

**\* Restart 1 during wall 2 – dance up to count 16 then begin again facing 6 o'clock wall.**

**\*\* Restart 2 during wall 4 – dance up to count 8 then begin again facing 6 o'clock wall.**

**\*\*\*Restart 3 during wall 6 – dance up to count 48 then begin again facing 12 o'clock wall.**

**Don't be put off by the restarts – they are easy to spot! Have Fun!!**

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