

拍数: 0 墙数: 0 级数: Phrased Intermediate
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 音乐: Whiskey Drinkin - Mikel Knight



Pattern of dance, AA,BB,AA,BB,AA,BB,AA

A Pattern

(1-8) Step, Sailor, sailor, tripple, 1/4 turn, 1/4 out, out

1,2&3 step forward on left, step right behind left, step together with left, step forward on right
 4&5 step left behind right, step together with right, step forward on left
 &6, 7 step right next to left, step forward on left, make a 1/4 turn to left stepping right on right
 &8 make a 1/4 turn to left stepping left out, step right out

(9-16) hip bumps, jazz with half turn, hip rolls

1,2 bump hips right, bump hips left,
 3,4,5,6 cross right over left, step back on left, make 1/4 turn to right stepping forward on right, make
 a 1/4 turn to right stepping left out to left side,
 7,8 roll hips from left to right

(17-24) toe touches X2, shuffle, step with 1/4, 1/4 turn with clap, knee slap, down

1,2,3,4 touch right toe forward, step forward on right, repeat with left
 5&6 shuffle forward right, left, right
 7 make a 1/4 turn to the left while crossing left over right
 &8& make a 1/4 turn to the left while clapping right hand down into left and hitching right leg. slap
 right knee with right hand, put right foot down next to left

(25-32) arm pop, arm lock, body bop, hold, box glide

1,2,3 pop both arms out to the side and slightly up, bring arms into side(left arm with fist on hip,
 right arm with fist, with bent elbow out in front, right hand should be out to the right side of
 your face
 4 hold
 &5,6 press of the ball of the left foot, slide right foot back and to the right and taking weight onto it,
 make a little more than a 1/4 turn to left while pressing off the ball of the right foot, and sliding
 left to left and taking weight to it
 7,8 make a little more than a 1/4 turn to the left while sliding right foot pass left and taking weight
 to the ball of the foot, make a little more than a 1/4 turn to the left sliding the left foot into right
 while rolling down onto the right foot.

For these counts you will make a full turn

B Pattern

(1-8) kick step, lock step, kick step lock, walk X2, triple half turn.

1&2& kick left foot forward, step down on left, lock right behind left, step forward on left
 3&4 kick right foot forward, step down on right, lock left behind right
 5,6 walk forward right, left
 7&8 make a 1/4 turn to left stepping right to right, bring left to right, make a 1/4 turn to left stepping
 back on right

(9-16) coaster, triple, out, out, bump. Bump,

1&2 step back on left, bring right to left, step forward on left
 3&4 step forward on right, bring left next to right, step forward on right
 5,6 step left out to left, step right out to right

7,8 bump hips right, bump hips left

(17-24) side triple with 1/4, step half turn, triple half, back shuffle

1&2 step right to right, bring left to right, make a 1/4 turn to right stepping forward on right

3,4 step forward on left, pivot a half turn to right, stepping down on right

5&6 make a 1/4 turn to right stepping left to left, bring right to left, make a 1/4 turn to right stepping back on left

7&8 step back on right, bring left to right, step back on right,

(24-32) back rock, recover, triple, side rock, recover, weave with 1/4

1,2 rock back on left, recover on right,

3&4 step forward on left, bring right to left, step forward on left

5,6 rock right to right, recover on left

7&8 step right behind left, make a 1/4 turn to left stepping forward on left, step forward on right

Have fun!!!
