

Shimmy Shake Kate

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Beginner
编舞者: Debbie Small (USA) - October 2009
音乐: Sister Kate - The Ditty Bops : (CD: The Ditty Bops)



Intro: 16 counts

TOE STRUTS 4X TRAVELING FORWARD

1-4 Touch right toe forward, drop right heel, touch left toe forward, drop left heel
5-8 Touch right toe forward, drop right heel, touch left toe forward, drop left heel

SIDE, CROSS BACK, TRIPLE SIDE

1-4 Step right side, hold, cross left behind, hold
5-8 Step right side, step left next to right, step right side, hold

SIDE, CROSS BACK, TRIPLE 1/4 LEFT

1-4 Step left side, hold, cross right behind, hold
5-8 Step left side, step right next to left, turn ¼ left and step left forward, hold (9:00)

CHARLESTON STEP

1-4 Touch right forward, hold, step right back, hold
5-8 Touch left back, hold, step left forward, hold

STEP PIVOT 1/4 LEFT 2X

1-4 Step right forward, hold, pivot ¼ left (weight left), hold (6:00)
5-8 Step right forward, hold, pivot ¼ left (weight left), hold (3:00)

CHARLESTON STEP

1-4 Touch right forward, hold, step right back, hold
5-8 Touch left back, hold, step left forward, hold

TOE STRUT JAZZ BOX 1/4 RIGHT

1-4 Cross right toe over left, drop right heel, touch left toe back, drop left heel
5-8 Turn ¼ right and touch right toe forward, drop right heel, step left next to right, hold (6:00)

WALK FORWARD 4X (SHIMMY SHOULDERS ON COUNTS 1-8)

1-4 Step right forward, hold, step left forward, hold
5-8 Step right forward, hold, step left forward, hold

REPEAT

TAG: After wall 1 (6:00), 3 (6:00), and 6 (12:00) - on "shake it like my sister Kate" lyrics

WALK BACK 4X (SHIMMY SHOULDERS ON COUNTS 1-8)

1-4 Step right back, hold, step left back, hold
5-8 Step right back, hold, step left back, hold

OPTIONAL ENDING: On wall 7 (12:00), do counts 1-32 facing 12:00.

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