

Mambotastic

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Kate Sala (UK) - September 2009
音乐: Do You Remember? - Neil Sedaka : (Album: Music of my Life CD 1)



Start after a 16 count intro.

Mambo Forward, Mambo Back, Paddle ¼ Turn x 2, Paddle ½, Step.

1 & 2 Rock forward on R. Recover on L. Step back on R.
3 & 4 Rock back on L. Recover on R. Step forward on L.
5 & 6& Touch R toe forward. Pivot ¼ turn L. Touch R toe forward pivot ¼ turn L.
7 & 8 Touch R toe forward. Pivot ½ turn L. Step forward on R. (Roll hips during paddles)

Step, Pivot ¼ Turn R, Cross Step, Triple Step ¾ Turn L, Cross Step, Side Step, Back Step, Mambo Back.

1 & 2 Step forward on L. Pivot ¼ turn R. Cross step L over R. 3 o'clock.
3 & 4 Turn ¼ L stepping back on R. Turn ½ L stepping forward on L. Step forward on R. 6 o'clock.
5 & 6 Cross step L over R. Step R slightly back & out to R side. Step back on L.
7 & 8 Rock back on R. Recover on to L. Step forward on R.

Mambo ½ Turn L, Kick Ball Step, Forward Coaster Step, Turn ¼ L & Step L, Cross Mambo Back

1 & 2 Rock forward on L. Recover on to R. Turn ½ L stepping forward on L. 12 o'clock.
3 & 4 Kick R forward. Step down on R. Step forward on L.
5 & 6 Step forward on R. Step L next to R. Step back on R.
7 Turn ¼ L stepping L out to L side. 9 o'clock.
8 & 1 Cross rock on R behind L. Recover on to L. Step R out to R side.

Cross Mambo Back With ¼ Turn L, Step Pivot ¾ Turn L, Step, Cross Behind, Side, Cross Shuffle.

2 & 3 Cross rock on L behind R. Recover on to R. Turn ¼ L stepping forward on L.
4 & 5 Step forward on R. Pivot ¾ turn L. Step R out to R side. 9 o'clock.
6 & 7 Cross step L behind R. Step R to R side. Cross step L over R.
& 8 Step R to R side. Cross step L over R.

Tag 1: End of wall 2 facing 6 o'clock. 6 Counts

Step Pivot ½ Turn L, Step, Walk, Repeat.

1 & 2 Step forward on R. Pivot ½ turn L. Step forward on R.
3 Step forward on L.
4 & 5 Step forward on R. Pivot ½ turn L. Step forward on R.
6 Step forward on L. (Start main dance again.)

Tag 2: End of wall 4 facing 12 o'clock. 16 Counts

Repeat Tag 1 and add on the next 10 counts:- Walk x 2

7 8 Walk forward on R, L.

Mambo Back x 2, Heel Switches x 2, Hold.

1 & 2 Rock back on R. Recover on to L. Step R next to L.
3 & 4 Rock back on L. Recover on to R. Step L next to R.
5 & 6& Dig R heel forward. Step R next to L. Dig L heel forward. Step L next to R.
7 8 Touch R toe next to L instep. Hold. (Start main dance again)

Tag 3: End of wall 6 facing 6 o'clock. 20 Counts.

Repeat Tag 2 and add on the next 4 counts:- Side Mambo R, Side Mambo L.

1 & 2 Rock on R out to R side. Recover on to L. Step R next to L.
3 & 4 Rock on L out to L side. Recover on to R. Step L next to R. (Start main dance again).

