

Moody And Blue

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Marjorie Barnabas-Shaw (MY) - September 2009
音乐: I've Got a Right to Cry - Mandy Barnett : (Album: I've Got A Right To Cry)



Intro Count: 8 counts - Start to sway after "I've Got A Right to Cry ...

Structure: Repeating with no tag, bridge or restart

A. SIDE MAMBO, HEEL AND TOUCH, JAZZ JUMP on RL-TOUCH, RIGHT SHUFFLE.

1&2 Rock right to right side. Recover onto left. Step right beside left.
3&4 Dig left heel forward. Step left beside right. Touch right toe beside left.
&5-6 Jazz-jump forward right. Step forward left. Touch right toe beside left.
7&8 Step forward right. Close left beside right. Step forward right.

B. FORWARD-TOUCH, SWAY RIGHT-TOUCH, 1/4 LEFT-TOUCH, CROSS, ROCK, RECOVER.

1-2 Step forward left. Touch right toe beside left foot.
3-4 Sway right to right side. Touch left toe beside right.
5-6 Turn 1/4 left by swaying left to left side. Touch right toe beside left.
7&8 Cross right over left. Rock left to left side. Recover onto right.

C. 1/4 LEFT CROSS SHUFFLE, SIDE, ROCK BACK-AND, SIDE-CROSS-1/4 LEFT, ROCK-RECOVER.

1&2 Make 1/4 turn left by stepping diagonally forward on left. Step right to right side. Cross left over right.
3&4 Step right to right side. Cross rock back left behind right foot. Recover onto right.
5&6 Step left to left side. Cross right behind left. Step 1/4 left on left.
7-8 Rock forward right. Recover onto left.

D. SHUFFLE 1/2 TURN RIGHT x 2, CROSS-SIDE ROCK-AND, LEFT COASTER.

1&2 1/2 shuffle turn right on R-L-R.
3&4 1/2 shuffle turn right on L-R-L.
5&6 Cross right over left. Rock left to left side. Recover onto right.
7&8 Step back left. Step right beside left. Step forward right.

~~~\*\*\*~~~ DANCE LIKE YOU HAVE NEVER DANCED BEFORE ~~~\*\*\*~~~

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