

Rock Star

拍数: 64 墙数: 4 级数: Higher Intermediate
编舞者: Daniel Whittaker (UK) - September 2009
音乐: So What - P!nk



(1-8) Back together kick side touch, cross point and switch cross step

- 1-2 Step left foot back, step right beside left (12:00)
- 3&4 Kick left foot forward, step left beside right, touch right to right side
- 5-6 Cross right over left, touch left to left side
- &7-8 Step left beside right, touch right to right side, step right over left

(9-16) Back ¼ rock step, ¼ step, ½ step, ¼ chasse

- 1-2 Step left foot back, make ¼ turn right stepping right to right side (3:00)
- 3-4 Rock left foot over right, recover weight back on to right foot
- 5-6 Make ¼ turn left stepping left foot forward, make a further ½ turn left stepping right foot back
- 7&8 Make a further ¼ turn left stepping left to left side, close right to left, step left to left side

(17-24) Cross ball step, cross over ½ turn chasse, cross kick

- 1&2 Cross right over left, step left slightly to left side, recover weight on to right foot
- 3-4 Cross left over right, make a ¼ turn left stepping right foot back
- 5&6 Make a further ¼ turn left stepping left to left side, close right to left, step left to left side
- 7-8 Step right over left, kick left foot out to left side (9:00)

(25-32) Weave, ¼ turn back rock, kick ball change

- 1-4 Step left behind right, step left to left side, cross left over right, make ¼ turn left stepping right foot back
- 5-6 Rock step left foot back, recover forward on right foot
- 7&8 Kick left foot forward, step left in place, step right in place (6:00)

(33-40) Side touch, chasse, back rock ¼ side hold

- 1-2 Step left to left side, touch right beside left
- 3&4 Step right to right, close left to right, step right to right side
- 5-6 Rock left foot back, recover forward on right foot
- 7-8 Make ¼ turn right step left foot to left side, HOLD (9:00)

(41-48) And side touch, chasse, behind side, rock step

- &1-2 step right beside left, step left to left side, touch right beside left
- 3&4 Step right to right, close left to right, step right to right side
- 5-6 Step left foot behind right, step right to right side
- 7-8 Cross rock left over right, recover weight on right foot

(49-56) Shuffle ¼ turn, ¼ turn rock step, cross shuffle, side behind

- 1&2 Step left to side, close right to left, step left foot to side making ¼ turn left (6:00)
- 3-4 Make ¼ turn left rock right out to right side, recover weight on to left foot (3:00)
- 5&6 Cross right over left, step left to side, cross right over left
- 7-8 Step left to left side, cross right behind left

(57-64) Chasse, rock step full turn

- 1&2 Step left to side, close right to left, step left to left side
- 3-4 Rock right over left, recover weight on left foot
- 5-8 Rolling grapevine right stepping right, left, right, touch left foot beside right (3:00)

END OF DANCE

Other music: Wonderful by Gary Go

Slow music: Bury the shovel by Clay walker(ideal for a slow track to get the dance to)
