

Run to You Shuffle

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Carol Cotherman (USA) - August 2009
音乐: I Run to You - Lady A : (CD: Lady A)



Rock, Recover, Cross Shuffle, Rock, Recover, Cross Shuffle

1-2 Rock right out to right side, recover to left
3&4 Cross right over left, step left to side, cross right over left
5-6 Rock left out to left side, recover to right
7&8 Cross left over right, step right to side, cross left over right

Forward Moving Diagonal Cross Shuffles, Step, ½ Pivot, Full Turn

&1&2 Pivot ¼ left (10:30) on left foot, cross right over left, step left beside right, step forward on right
&3&4 Pivot ¼ right (1:30) on right foot, cross left over right, step right beside left, step forward on left
5-6 Step forward to 12:00 on right, turn ½ left (weight to left)
7-8 Turn ½ left stepping back on right, turn ½ left stepping forward on left (6:00)

Shuffle, Step, ¼ Pivot, Cross Shuffle, ½ Turn,

1&2 Step forward on right, step left beside right, step forward on right
3-4 Step forward on left, pivot ¼ right (weight to right) (9:00)
5&6 Cross left over right, step right to right, step left over right
7-8 Turn ¼ left stepping back on right, turn ¼ left stepping forward on left (3:00)

Cross Shuffle, Rock, Recover, Behind, Side, Forward, Step, ½ Pivot

1&2 Cross right over left, step left to left, step right over left
3-4 Rock left to left side, recover to right
5&6 Step left behind right, step right to right, step forward on left
7-8 Step forward on right, turn ½ left (weight to left) (9:00)

REPEAT & ENJOY

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