

Disco Heaven

拍数: 64 墙数: 4 级数: Improver
编舞者: Jackie Brennan (SCO) - July 2009
音乐: Disco Heaven - Lady Gaga



Intro 32 counts

Side, together, side shuffle, cross rock, side shuffle

1,2 Step R to R side, step L beside R
3&4 Step R to R side, step L beside R, step R to R side
5,6 Rock L over R, recover on R
7&8 Step L to L side, step R beside L, step L to L side

Cross, side, sailor step, cross, side, sailor ¼ turn

1,2 Cross R over L, step L to L side
3&4 Step R behind L, step L to L side, step R to R side
5,6 Cross L over R, step R to R side
7&8 Step L behind R, making ¼ turn L step R to R side, step L to L side

Rock, recover, shuffle ½ turn, rock, recover, shuffle ½ turn

1,2 Rock fwd on R, recover on L
3&4 Making ¼ turn R step R to R side, step L beside R, making ¼ turn R step R fwd
5,6 Rock fwd on L, recover on R
7&8 Making ¼ turn L step L to L side, step R beside L, making ¼ turn L step L fwd

¼ pivot, cross shuffle, rock, recover, weave

1,2 Step fwd on R, pivot ¼ turn L taking weight onto L
3&4 Cross R over L, step L to L side, cross R over L
5,6 Rock L to L side, recover on R
7&8 Step L behind R, step R to R side, step L across R

Step, hold, step, hold, cross rock, shuffle ¼ turn

1,2 Step R to R side, hold
&3,4 Step L beside R, step R to R side, hold
5,6 Rock L over R, recover on R
7&8 Step L to L side, step R beside L, making ¼ turn L step fwd on L

Pivot ½ turn, shuffle, pivot ½ turn, shuffle

1,2 Step fwd on R, pivot ½ turn L taking weight on L
3&4 Step fwd on R, step L beside R, step fwd on R
5,6 Step fwd on L, pivot ½ turn R taking weight on R
7&8 Step fwd on L, step R beside L, step fwd on L

Toe struts, side shuffle, rock, recover

1,2 R toe strut to R side
3,4 L cross toe strut over R
5&6 Step R to R side, step L beside R, step R to R side
7,8 Rock back on L, recover on R

Toe struts, side shuffle, rock, recover

1,2 L toe strut to L side
3,4 R cross toe strut over L

5&6 Step L to L side, step R beside L, step L to L side
7,8 Rock back on R, recover on L

4 count tag at end of wall 5 – step R to R side, touch L beside R, step L to L side, touch R beside L
