

Second Chance

COPPER KNOB
STEPPERS

拍数: 72 墙数: 2 级数: Intermediate
编舞者: Yvonne Anderson (SCO) - August 2009
音乐: Second Chance - Mark Medlock : (Album: Club Tropicana)



Notes: Start on main beat or on the word 'tear, tag after every second wall (always facing 12) restart wall 5

(1-8) SIDE TOGETHER, SIDE SHUFFLE, SKATE FORWARD, SKATE 1/4 TURN RIGHT, SHUFFLE FORWARD

1-2 Step R to right, Step L beside right [12]
3&4 Step R to right, & Step L beside right, Step R to right [12]
5-6 Skate L forward to left diagonal, On ball of left make 1/4 turn right and skate forward on R [3]
7&8 Shuffle forward stepping L,R,L [3]

(9-16) KICK-BALL-CROSS, SIDE, KICK-BACK-CROSS, STEP BACK, REVERSE LOCK STEP

1&2 Kick R forward to right diagonal, & Step ball of R beside left, Step L across right [5.30]
3 Step R to right squaring off to wall [3]
4&5 Kick L forward to left diagonal, & Step Ball of L back, Step R across left [1.30]
6 Step L back squaring off to wall [3]
7&8 Step R back, & Lock L across right, Step R back [3]

(17-24) ROCK BACK, RECOVER, TWO STEP FULL TURN, SHUFFLE, SKATE FORWARD, SKATE 1/4 TURN LEFT

1-2 Rock L back, Recover weight on R [3]
3-4 Make 1/2 turn right stepping L back, Make 1/2 turn right stepping R forward [3]
5&6 Shuffle forward stepping L, R, L [3]
7-8 Skate R forward to right diagonal, On ball of right make 1/4 turn left and skate forward on L [12]

(25-32) CROSS, KICK-BALL-CROSS, SIDE, KICK-BACK-CROSS, STEP BACK, BUMP

1 Step R across left [12]
2&3 Kick L forward to left diagonal, & Step ball of L beside right, Step R across left [11.30]
4 Step L to left [11.30]
5&6 Kick R forward to left diagonal, & Step Ball of R back, Step L across right [11.30]
7-8 Step R back, Step L back and bump hips back [11.30]

(33-40) HIP BUMPS FORWARD & BACK, ROLLING VINE LEFT, TOUCH

1-2 Bump hips forward taking weight on R, Bump hips back taking weight on L [11.30]
3&4 Bump hips Forward, back, Forward squaring off to wall [12]
5-8 Make 1/4 turn left stepping L forward, make 1/2 turn left stepping R back, Make 1/4 turn left stepping L to left, Touch R toes beside left [12]

Restart – Wall 5, dance to count 40 facing 12 O'clock then restart dance from beginning

(41-48) ROLLING VINE RIGHT, TOUCH, SYNCOPATED CROSS ROCKS X 2

1-4 Make 1/4 turn right stepping R forward, make 1/2 turn right stepping L back, Make 1/4 turn right stepping R to Right, Touch L toes beside right [12]
5&6 Rock L across right, & Recover weight on R, Step L to left [12]
7&8 Rock R across left, & Recover weight on L, Step R to right [12]

(49-56) STEP 1/2 TURN, FULL TRIPLE TURN, ROCK RECOVER, COASTER STEP

1-2 Step L forward, Pivot 1/2 turn right taking weight on right [6]
3&4 Make a full turn right, travels forward, stepping L, R, L (or shuffle forward) [6]

5-6 Rock R forward, Recover weight on L [6]
7&8 Step R back, & Step L beside right, Step R slightly forward [6]

(57-64) TOUCH, FLICK WITH 1/4 TURN, CROSS SHUFFLE, SIDE ROCK-RECOVER-CROSS X 2

1-2 Touch L toes forward, On ball of L make 1/4 turn right and flick left heel back [9]
3&4 Step L across right, & step R to right, Step L across right [9]
5&6 Rock R to right, Recover weight on L, Step R forward and across left [9]
7&8 Rock L to left, Recover weight on R, Step L forward and across right [9]

(note counts 5&6, 7&8 travel slightly forward)

(65-72) ROCK FORWARD, RECOVER, 3/4 TRIPLE TURN RIGHT, ROCK RECOVER. COASTER STEP

1-2 Rock R forward, Recover weight on L [9]
3&4 Make 3/4 turn right stepping R, L, R [6]
5-6 Rock L forward, Recover weight on R [6]
7&8 Step L back, & Step R beside left, Step L slightly forward [6]

TAG : DANCED EVERY SECOND WALL ALWAYS FACING 12 O'clock

1-2 Step R forward, Pivot 1/2 turn left taking weight on L [6]
3-4 Step R forward, Pivot 1/2 turn left taking weight on L [12]
