

Forgiveness

COPPER KNOB
BY SHEETS

拍数: 72 墙数: 2 级数: Intermediate
编舞者: Bracken Heidenreich (USA) - August 2009
音乐: Forgiveness - Leona Lewis



[12:00] Clock positions in brackets indicate direction facing at end of movement

ROCK RECOVER HALF, PREP FULL PIROUETTE, FORWARD QUARTER BACK, BACK TOGETHER FORWARD

- 1,2,3 □ Rock R forward; Recover L in place; Turn 1/2 right and step R forward □[6:00]
4,5,6 □ Step L forward; Full inside pirouette (raise R to passé, full turn L in place with weight on L) □[6:00]
1,2,3 □ Step R forward; 1/4 turn right and step L to left side; Step R back □[9:00]
4,5,6 □ Step L back; Step R next to L; Step L forward □[9:00]

STEP PREP TURN, STEP PREP TURN, FORWARD TOGETHER BACK, BACK SIDE ROCK

- 1,2,3 □ Step R forward; Step L forward; Spiral full turn to R □[9:00]
4,5,6 □ Step R forward; Step L forward; Spiral full turn to R □[9:00]
1,2,3 □ Step R forward; Step L next to R; Step R back □[9:00]
4,5,6 □ Step L back; Rock R to R side; Recover L in place □[9:00]

BEHIND SIDE SIDE, BEHIND SIDE SIDE, WEAVE QUARTER TURN, FORWARD ROCK QUARTER

- 1,2,3 □ Step R behind L; Step L to L side; Step R to R side □[9:00]
4,5,6 □ Step L behind R; Step R to R side; Step L to L side □[9:00]
1,2,3 □ Step R behind L; 1/4 turn L and step L forward; Step R forward □[6:00]
4,5,6 □ Rock L forward; Recover L in place; 1/4 turn left and step L to left side □[3:00]

CROSS POINT HOLD, MONTEREY SIDE ROCK, CROSS QUARTER QUARTER, STEP BRUSH BRUSH

- 1,2,3 □ Step R across left; Point L to left side; Hold □[3:00]
4,5,6 □ Full Monterey turn L; Rock R to R side; Recover L in place □[3:00]
1,2,3 □ Step R across left; 1/4 turn right and step L back; 1/4 turn right and step R to R side □[9:00]
4,5,6 □ Step L to forward right diagonal; Brush R forward; Brush R back across L □[10:30]

STEP SWEEP QUARTER, CROSS QUARTER BACK, BACK SWEEP QUARTER, BEHIND SIDE CROSS

- 1,2,3 □ (1) Step R to forward right diagonal; (2,3) Sweep L to front squaring up to 12:00 □[12:00]
4,5,6 □ Step L across right; 1/4 turn left and step R back; Step L back □[9:00]
1,2,3 □ (1) Step R back; (2,3) Sweep L to back making 1/4 turn left □[6:00]
4,5,6 □ Step L behind right; Step R to R side; Step L across right □[6:00]

SIDE ROCK PREP, FULL TURN STEP, ROCK RECOVER BACK, BACK TOGETHER FORWARD

- 1,2,3 □ Rock R to R side; Recover L in place; Step R to forward left diagonal □[4:30]
4,5,6 □ 1/2 turn right and step L back; 1/2 turn right and step R forward; Step L forward □[4:30]
1,2,3 □ Rock R forward; Recover L in place; Step R back □[4:30]
4,5,6 □ Step L back; Step R next to L squaring to 6:00; Step L forward □[6:00]

START OVER! Enjoy!