

No More Boleros

拍数: 48 墙数: 4 级数: Improver / Intermediate
编舞者: Geoff Langford (UK) - August 2009
音乐: No More Boleros - Steph Carse : (CD: Reach Out)



24 count intro. From the drum beat Start on vocals

Dance rotates in CW direction

Side together, side shuffle, rock over recover, left side shuffle ¼ turn left

- 1 – 2 Step right to right side, step left together (facing 12 clock)
- 3 & 4 Step right to right side, step left beside right, step right to right side
- 5 - 6 Cross rock left over right, recover on right
- 7 & 8 Step left to left side, step right beside left, step left to left ¼ turn left (Facing 9 clock)

¼ Turn rock recover, cross shuffle, rock recover, behind out cross

- 1 - 2 ¼ Turn left rock right out to right, recover on left (Facing 6 clock)
- 3 & 4 Cross right over left, left beside right, cross right over left
- 5 – 6 Rock left out to left, recover on right
- 7 & 8 Step left behind right, step right to right side, cross left over right

Touch right toe forward, ½ turn r step, shuffle ½ turn right, rock back, right shuffle forward

- 1 – 2 T ouch right toe In front of left, step right back making 1/2 turn right. (facing 12 clock)
- 3 & 4 Shuffle ½ turn right left right left (facing 6 clock)
- 5 – 6 Rock back on right, recover onto Left
- 7 & 8 Step forward right, left together, step forward right

Touch left toe forward, ½ turn l step, shuffle ½ turn left , rock back, left shuffle forward

- 1 – 2 Touch left toe In front of right, step left back making 1/2 turn left. (facing 12 clock)
- 3 & 4 Shuffle ½ turn left right left right, (facing 6 clock)
- 5 - 6 Rock back on left, recover onto right
- 7 & 8 Step forward left, right together, step forward left

Jazz box ¼ turn right x 2

- 1 – 2 Cross right foot over left foot, step back left start turning ¼ turn right
- 3 - 4 Step right to right side completing ¼ turn, step left in place. (Facing 9 clock)
- 5 - 6 Cross right foot over left foot, step back left start turning ¼ turn right
- 7 – 8 Step right to right side completing ¼ turn, step left in place. (Facing 12 clock)

Restart Here During the 4th wall only

Rock, recover, step 1/4 turn right, brush, rock recover turn touch

- 1 – 2 Rock right to right side, recover on left
- 3 – 4 Step right to right side ¼ turn right, brush left ¼ turn right, (Facing 6 clock)
- 5 – 6 Rock left to left side, recover on right
- 7&8 Step left to left side ¼ turn left, touch right beside left, (Facing 3 clock)

Start again.

Tag at the end of wall 1 only step turn step click. X 2

- 1 – 2 Step forward right, pivot ½ turn left
- 3 – 4 Step forward right, hold click fingers
- 5 – 6 Step forward left, pivot ½ turn right
- 7 – 8 Step forward left, hold click fingers

Have fun
