Sexy Babe



拍数: 32 墙数: 4 级数: Advanced Beginner

编舞者: William Sevone (UK) - July 2009 音乐: Get Sexy - Sugababes : (CD Single)



Choreographers note:- The song and dance are both very tongue-in-cheek. Use the dance & style notes. Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'. Dance starts on vocals (count 16 of drum beat intro) Weight on left.

3x Diagonal. Side. 2x Dip n' Bump (12:00)

1 - 2 Step right diagonally left. Step left diagonally right.
3 - 4 Step right diagonally left. Step left to left side.

5 - 6
 Dip at knees & transferring weight to right - bump hips to right whilst straightening up.
 7 - 8
 Dip at knees & transferring weight to left - bump hips to left whilst straightening up.

Dance note:

Counts 5-6: Hips move left to right – 7-8 Hips move right to left

Optional - During 'Dip n' Bump', place hands on thighs.

Cross. Unwind 3/4 Left. Hitch. 1/2 Left. Side. 1/4 Touch. Fwd. 1/2 Right (6:00)

9 – 10 Cross right over left. Unwind ¾ left (weight on left) (3). 11 – 12 Raise/hitch right knee. Turn 1/2 left & cross right over left (9)

13-14 Step left to left side. Turn $\frac{1}{4}$ right & touch right in front of left toe.

15 – 16 Step forward (12) onto right. On ball of right – turn ½ right (prep for count 17)

Style note:

13 - L eft hand on dropped left hip.
14 - T ouch lips with tips of fingers.
15 - M oving hand away – 'Blow kiss'
Extra note: 13-15 are purely optional for the Guys

3x Diagonal. Side. 2x Dip n' Bump (6:00)

17 – 18 Step left diagonally right. Step right diagonally left.
 19 – 20 Step left diagonally right. Step right to right side.

21 – 22 Dip at knees & transferring weight to left - bump hips to left whilst straightening up.
23 – 24 Dip at knees & transferring weight to right - bump hips to right whilst straightening up.

Dance note:

Counts 21-22: Hips move right to left – 23-24 Hips move left to right.

Optional - During 'Dip n' Bump', place hands on thighs.

Behind. Unwind 1/2 Left. 3x Pose. 1/4 Right Back. Side. Drag. Touch (3:00)

25 Step left behind right.

26 Unwind ½ left (weight on left).

Style note: Diagonal right (1:30) - left hand on dropped left hip / right shoulder raised / right knee forward.

27 Transferring weight to right - turn diagonal left (10:30).

Style note: Right hand on dropped right hip / left shoulder raised / left knee forward.

28 Transferring weight to left - turn diagonal right (1:30).

Style note: Left hand on dropped left hip / right shoulder raised / right knee forward.

Extra note: The 'Hand On Hip' is purely optional for the Guys

29 – 30 Turn ¼ right (to face new wall) & step backward onto right (3). Large step with left to left side.

31 – 32 Slide/drag right foot over to left. Touch right next to left.

Dance Finish: End of Wall 11 facing 9:00 -

Turn ¼ right & step right slightly backward whilst dropping right hip, placing hands on both hips.

