

Palladio

拍数: 64 墙数: 3 级数: Intermediate
编舞者: Crazy Chris (UK) - July 2009
音乐: Palladio - Escala



Section 1: Cross Side Behind, Behind Side Cross, Rock Recover ¼ Together, Rock Recover ¼ Touch

1&2 Cross L Over R, Step R to R side, Step L Behind R,
3&4 Step R Behind L, Step L To L Side, Cross R Over L,
5&6 Rock L Out To L Side, Recover Onto R As You Turn ¼ Turn L, Step L Beside R,
7&8& Rock R Forward, Recover Onto L, Turn ¼ Turn R Stepping R To R Side, Touch L Beside R.
(12 O' Clock)

Section 2: Touch Side Together, Touch Side Touch, Rocking Chair, ¼ Turn Toe Heel Hitch

1&2 Touch L To L Side, Step L To L Side, Step R Beside L,
3&4 Touch L To L Side, Step L To L Side, Touch R Beside L,
5&6& Rock R Forward, Recover Onto L, Rock R Back, Recover Onto L,
7&8& Step R Forward, Turn ¼ Turn R Touching L Toe to L Side, Touch L Heel To L Side, Hitch L
Knee Towards R Diagonal.

(3 O' Clock)

Section 3: Diagonal Cross Lock Steps With Hitch X4

1&2& Towards R Diagonal Step L Forward, Lock R Behind L, Step L Forward, Hitch R Knee
Towards L Diagonal,
3&4& Towards L Diagonal Step R Forward, Lock L Behind R, Step R Forward, Hitch L Knee
Towards R Diagonal,
5&6& Towards R Diagonal Step L Forward, Lock R Behind L, Step L Forward, Hitch R Knee
Towards L Diagonal,
7&8& Towards L Diagonal Step R Forward, Lock L Behind R, Step R Forward, Hitch L Knee
Towards R Diagonal.

(3 O' Clock)

Section 4: Forward Mambo, ¼ Rock & Cross, Rock Recover Full Turn, Rock & Cross

1&2 Rock L Forward, Recover Onto R, Step L Beside R,
3&4 Turning ¼ Turn To R Rock R To R Side, Recover Onto L, Cross R Over L,
5&6 Rock L To L Side, Recover Onto R Turning ¼ Turn L, Turn ½ Turn Over L Shoulder Stepping
L Forward,
7&8 Turn ¼ Turn L Rocking R To R Side, Recover Onto L, Cross R Over L. (2nd Restart)

(6 O' Clock)

Section 5: Cross & Side &, Behind & Cross &, Cross & Side &, Sailor ½ Cross

1&2& Cross Rock L Over R, Recover Onto R, Rock L To L Side, Recover Onto R,
3&4& Step L Behind R, Step R To R Side, Cross L Over R, Step R To R Side,
5&6& Cross Rock L Over R, Recover Onto R, Rock L To L Side, Recover Onto R,
7&8 Sailor ½ Turn L Crossing L Over R.

(12 O' Clock)

Section 6: Side Touch, Side Touch, Mambo Forward, Sailor ¼ Point

1,2 Step R To R Side, Touch L Beside R,
3,4 Step L To L Side, Touch R Beside L,
5&6 Rock R Forward, Recover onto L, Step R Beside L,
7&8 Sailor ¼ Turn L Pointing L Out To L Side.

(9 O' Clock)

Section 7: Cross & Side &, Behind & Cross &, Cross & Side &, Sailor ½ Cross

1&2& Cross Rock L Over R, Recover Onto R, Rock L To L Side, Recover Onto R,
3&4& Step L Behind R, Step R To R Side, Cross L Over R, Step R To R Side,
5&6& Cross Rock L Over R, Recover Onto R, Rock L To L Side, Recover Onto R,
7&8 Sailor ½ Turn L Crossing L Over R.

(3 O' Clock)

Section 8: Side Touch, Side Touch, Mambo Forward, Sailor ¼ Point

1,2 Step R To R Side, Touch L Beside R,
3,4 Step L To L Side, Touch R Beside L, (1st and 3rd Restart)
5&6 Rock R Forward, Recover onto L, Step R Beside L,
7&8 Sailor ¼ Turn L Pointing L Out To L Side.

(12 O' Clock)

Restarts

1st Restart Wall 3 Facing 3 O' Clock

Dance up to Count 3 on Section 8 Then Replace Count 4 (Touch) with A Step, Then Restart.

2nd Restart Wall 4 Facing 9 O' Clock

Dance up to Count 8 on Section 4, Restart.

3rd Restart Wall 5 Facing 12 O' Clock

Dance up to Count 3 on Section 8 Then Replace Count 4 (Touch) with A Step, Then Restart.

Restarts aren't as hard as they sound, music is very clear once you get used to the music.

Dance Right Up To The Very End Of The Track, You Will End On The Last Beat Of Music And The Last Step Of The Dance Facing 12 O' Clock.

Have Fun and Enjoy

Crazy Chris X
