

American Night Out

拍数: 64 墙数: 4 级数: Improver
编舞者: Sadiah Heggernes (NOR/UK) - July 2007
音乐: American Saturday Night - Brad Paisley : (CD: American Saturday Night)



32 COUNT INTRO – START WHEN HEAVY BEAT KICKS IN

Section 1: Sailor, Hold, Step, ½ Pivot, Hold with finger clicks

1 -2 Cross right behind left. Step left to side.
3- 4 Step right in place. Hold
5 -6 Step forward on left. Pivot ½ turn right 6:00
7 -8 Step forward on left. Hold (click fingers)

Section 2: Toe Struts (travelling into ½ turn)

1 - 2 Touch right toes forward. Step down on right heel
3 - 4 ¼ turn left touching left toes forward. Step down on left heel 3:00
5 - 6 Touch right toes forward. Step down on right heel
7 - 8 ¼ turn left touching left toes forward. Step down on left heel 12:00

Section 3: Touch, Hitch, Step, Touch, Step, Heel Touch & Clap x 2

1-2 Touch right to side. Hitch right knee beside left
3-4 Step forward on right. Touch left slightly behind right
5-6 Step back on left. Touch right heel slightly forward & clap
7-8 Step right beside left. Touch left heel slightly forward & Clap

Section 4: Monterey ¼ Turn, Hold, Kick, Kick, Back, Hook

1-2 Point left to side. Make ¼ turn left on ball of right. Step left beside right 9:00
3-4 Point right to side. Hold
5-6 Kick right forward twice
7-8 Step back on right. Hook left across right

Section 5: Step, Lock, Step, Hold, Paddle ¼ Turn x 2

1-2 Step forward on left. Lock right behind left
3-4 Step forward on left. Hold
5-6 Touch right forward. ¼ turn left 6:00
7-8 Touch right forward. ¼ turn left 3:00

Section 6: Rock ¼ Turn, Side, Weave

1-2 Rock forward on right. Rock back onto left
3-4 ¼ turn right step right to side. 6:00
5-6 Cross left behind right. Step right to side
7-8 Cross left over right. Step right to side

Section 7: Sailor ¼ Turn, Step, Pivot, Step, Hold with finger clicks

1-2 Cross left behind right. ¼ turn left step right to side. 3:00
3-4 Step left in place. Hold
5-6 Step forward on right. Pivot ½ turn left 9:00
7-8 Step forward on right. Hold (click fingers)

Section 8: Forward Mambo, Hold, Coaster, Side

1-2 Rock forward on left. Rock back onto left
3-4 Step left beside right. Hold

5-6 Step back on right. Step left beside right

7-8 Step forward on right. Step left to side.

Tag/Restart Wall 2 (6:00) At this point dance 8 count Tag then restart dance from beginning

Tag: Cross Rock, Side, Hold x 2

1-2 Cross rock right over left. Recover weight onto left.

3-4 Step right to side. Hold

5-6 Cross rock left over right. Recover weight onto right

7-8 Step left to side. Hold

Choreograher's Note: The track fades out a bit toward the end – Just keep dancing & the beat will kick in again!
