

Miami

拍数: 96 墙数: 2 级数: Phrased Intermediate / Advanced
编舞者: Guyton Mundy (USA) & Will Craig (USA) - July 2009
音乐: I'm In Miami Trick - LMFAO : (Clean)



Alt. Music: I'm in Miami Bitch (Explicit) By LMFAO

Walk, Walk; Side Rock/Recover Cross; Unwind 1/2 Turn. Pivot 1/2; Triple 1/2 Turn

- 1-2 Walk forward on right, Walk forward on left
&3-4 Rock out to side with right foot, Recover on left, Cross right foot over left
5-6 Unwind 1/2 turn over left shoulder while stepping left foot forward, Pivot 1/2 turn over left shoulder stepping back on right foot
7&8 1/2 turn over left shoulder while stepping left foot forward, Bring right foot to left while finishing the turn, Step left foot forward

Step Turn 1/2; Pimp Walks X 2; Step Out On Right, Step Out On Left

- 1-2 Step Forward on right foot, 1/2 turn over left shoulder putting weight on left foot
3-4 Step forward with right foot while bending both knees, Step left foot to right while straightening both knees

(this walk looks like you're limping, with body slightly angled to the right)

- 5-6 Step forward with right foot while bending both knees, Step left foot to right while straightening both knees

(this walk looks like you're limping)

- 7-8 Step out with the right foot, Step out with the left foot

Coaster Step; Step, 1/4 Turn Cross; 1/4 Turn; Triple 1/2 Turn

- 1&2 Step back on right foot, Bring left foot to right, Step Right foot forward
3-4 Step forward on left foot, 1/4 turn over right shoulder while putting the weight on the right foot
5-6 Cross left foot over right, Turn 1/4 over left shoulder while stepping back on the right foot
7&8 1/2 turn over left shoulder while stepping left foot forward, Bring right foot to left while finishing the turn, Step left foot forward

Step Forward On Right; Jazz Crosses; Step Back 1/2 Right; Step Side

- 1-2 Step forward on right foot, Cross left foot over right foot
3-4 Step back on right foot, Step to left on left foot
5-6 Cross right foot over left, Step back on left foot
7-8 1/2 turn over right shoulder stepping right foot, Step left foot out

(this part should look like you're stumbling like you had too much to drink)

Knee Pops; Coaster Step; Hitch And Look Left; Coaster Step; Step Forward, Cross

- &1 Raise up on the balls of both feet bending both knees, Straighten both knees bring heels back to the floor
2&3 Step back on the right foot, Bring left foot next to right, Step right foot forward
4 Hitch left knee up while looking and pointing to the left with both arms
5&6 Step left foot back, Bring right foot next to left, Step forward on left
7-8 Step forward on right foot, Cross left foot over right

1/4 Turn; 1/4 Turn; Triple 1/2 Turn; Knee Bumps; Body Roll With A 1/4 Turn

- &1 Step back on right foot, Step forward on left while making a 1/4 turn left
2 Make a 1/4 turn left while stepping right foot to right side

- 3&4 Step left foot behind right, Turn 1/2 turn over left shoulder bringing right foot to left, Step left foot to left side
- 5-6 Roll right knee to right side, Roll left knee to left side
- 7-8 Body roll down while making a 1/4 left ending with weight on the right foot

Rock, Recover; 1/2 Turn; 1/2 Turn; Knee Pops

- 1-2 Rock forward on the left foot, Recover back on the right
- 3-4 Turn 1/2 over left shoulder stepping left foot forward, Turn 1/2 over left shoulder bringing right foot shoulder width apart
- 5&6& Raise up on the balls of both feet bending both knees, Straighten both knees bring heels back to the floor. Raise up on the balls of both feet bending both knees, Straighten both knees bring heels back to the floor
- 7&8& Raise up on the balls of both feet bending both knees, Straighten both knees bring heels back to the floor. Raise up on the balls of both feet bending both knees, Straighten both knees bring heels back to the floor

Ball Step, Cross; Triple 1/4 Turn; Full Turn, Stepping Left, Right, Left, Right

- &1-2 Step left foot back, Step right foot forward, Cross left foot over right
- 3&4 Step right foot back, Step left foot to left side, Cross right foot over left while making a 1/4 turn left
- 5-6 Step Left foot forward while making a 1/4 turn left, Turn 1/4 left while stepping back on the right foot
- 7-8 1/4 turn left stepping left foot to left side, 1/4 turn left stepping right foot forward

Touch Steps With Shoulder Brushes X 2; Kick And Knee Splits X2

- 1-2 Touch left foot forward while taking right hand and brushing left shoulder, Step on the left foot while taking right hand and brushing left shoulder
- 3-4 Touch right foot forward while taking left hand and brushing right shoulder, Step on the right foot while taking left hand and brushing right shoulder
- 5&6& Kick left foot forward, Bring left foot back to right, Split both knee apart, Bring knees back together
- 7&8& Kick right foot forward, Bring right foot back to right, Split both knee apart, Bring knees back together

Rock, Recover; Hop, 1/2 Turn, Step Together; Shoulder Brushes

- 1-2 Rock left foot forward, Recover on the right foot
- 3-4 Hop on right foot hitching up the left leg while making a 1/2 turn over left shoulder, Step down on left foot
- 5 Bring right foot to left
- 6-8 Brush left shoulder with right hand, Brush right shoulder with left hand, Bring both arms out and forward (as if to say "what's up")

Touch Steps With Shoulder Brushes X2; Kick And Knee Splits X2

- 1-2 Touch left foot forward while taking right hand and brushing left shoulder, Step on the left foot while taking right hand and brushing left shoulder
- 3-4 Touch right foot forward while taking left hand and brushing right shoulder, Step on the right foot while taking left hand and brushing right shoulder
- 5&6& Kick left foot forward, Bring left foot back to right, Split both knee apart, Bring knees back together
- 7&8& Kick right foot forward, Bring right foot back to right, Split both knee apart, Bring knees back together

Rock, Recover; Hop, 1/2 Turn, Step Together; Shoulder Brushes

- 1-2 Rock left foot forward, Recover on the right foot
- 3-4 Hop on right foot hitching up the left leg while making a 1/2 turn over left shoulder, Step down on left foot

- 5 Bring right foot to left
6-8 Brush left shoulder with right hand, Brush right shoulder with left hand, Swing both arms in and up snapping when straight above head

Start Again!

TAG, REPEAT, AND RESTART:

WALL 1 Tag: At The End Of The First Wall When Your Arms Go Over Your Head, Bring Them Down Slowly For 8 Counts. Then Hold For 8 More And Begin Wall 2 On The Back Wall.

WALL 2 Repeat: At The End Of The Second Wall Facing The Front, Repeat The Last 32 Counts. Then Start Wall 3 Facing The Front Wall.

WALL 3 Restart: Dance The First 32 And Restart From The Beginning Facing The Front Wall (Wall 4).

WALL 4: This Will Be The Last Wall Of The Dance And Ends On The Back. At The End Of The Fourth Wall, When You Bring Your Arms Over Your Head And Snap, Turn Over Right Shoulder To Face The Front.

Alt Music:: No Tags, No Repeats, No Restarts, Just Dance Till The End And Start Again
