Lip Up Fatty

拍数: 32

级数: Beginner / Improver

编舞者: Rebecca Armstrong (SCO) - July 2009

音乐: Lip Up Fatty - Bad Manners

(1-8) TOE STRUT, LOCK STEP, TOE STRUT, LOCK STEP

- 1-2 put R toe fwd, step weight down on heel
- 3-4 lock L behind R, step fwd on R
- 5-6 put L toe fwd, step weight down on heel
- 7-8 lock R behind L, step fwd on L

(9-16) SIDE BEHIND, SIDE KICK, SIDE BEHIND, SIDE KICK

- 1-2 step R to R side, step L behind R
- 3-4 step R to R side, kick L to L diagonal
- 5-6 step L to L side, step R behind L
- 7-8 step L to L side, kick R to R diagonal

(17-24) 1/2 MONTERY TURN, 1/4 MONTERY TURN

- 1-2 point R to R side, make 1/2 turn R stepping R beside L
- 3-4 point L to L side, step L beside R
- 5-6 point R to R side, make 1/4 turn R stepping R beside L
- 7-8 point L to L side, step L beside R

(25-32) ROCK RECOVER, POINT STEP, ROCK RECOVER, POINT STEP

- 1-2 rock fwd on R, recover on to L
- 3-4 point R to R side, step back on R
- 5-6 rock back on L, recover on to R
- 7-8 point L to L side, step fwd on L

Email: becciarmstrong@aol.com





墙数:4