

Flaunt It

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Eddie McIntosh (SCO) - July 2009
音乐: If You've Got It (Flaunt It) (Dance Mix) - Mimi



Start on words "Got it" approx 32 secs intro.

Forward Rock, Shuffle Back, Back Rock, Shuffle Forward

1-2 Rock forward left. Recover onto right
3&4 Shuffle back left, right, left.
5-6 Rock back right. Recover onto left
7&8 Shuffle forward right, left, right

Step, Turn ¼, Cross Shuffle, Side, Hold, & Side, Touch

9-10 Step forward left. Turn ¼ right keeping weight on right (3 o'clock)
11&12 Cross left over right. Step right to side. Cross left over right.
13-14 Step right to side. Hold for one beat
15&16 Step left beside right and step right to side. Touch left beside right

Kick, Kick, & Cross Turn, Turn, Turn, Sailor ¼ Turn

17-18 Kick left forward twice
19&20 Step down on left and cross right over left. Turn ¼ right stepping back on left (6 o'clock)
21-22 Turn ¼ right stepping forward right. Turn ¼ right stepping forward left (9 o'clock)
23&24 Turn 1/4 right and cross right behind left. Step left in place. Step right to side. (3 o'clock)

Forward Rock, Shuffle 1/2, Cross, Point, Cross, Unwind

25-26 Rock forward left. Recover onto right
27&28 Shuffle step 1/2 turn left, stepping - left, right, left. (9:00)
29-30 Cross right over left. Point left to side.
31-32 Cross left over right. unwind ½ turn right weight on right (3 o'clock)

Hip Bumps Right, Left, Right Left Right, Forward Rock, Shuffle Back

33-34 Bump right hip diagonally forward. Bump left hip diagonally back
35&36 Bump right hip diagonally forward back forward
37-38 Rock forward left. Recover onto right
39&40 Shuffle back left, right, left.

Hip Bumps Right, Left, Right Left Right, Back Rock, Shuffle Forward

41-42 Stepping back on right, bump right hip diagonally back. Bump left hip diagonally forward
43&44 Bump right hip diagonally back forward back
45-46 Rock back left. Recover onto right
47&48 Shuffle forward left right left

Cross Back & Cross Step, Back, Back, Left Shuffle

49-50 Cross right over left. Step back onto left
51&52 Step right to side and cross left over right. Step right to side
53-54 Step back left. Step back right
55&56 Shuffle forward left right left.

Forward Rock, Coaster Step, Side Rock, & Side, Touch

57-58 Rock forward right. Recover onto left
59&60 Right coaster step back right, left, right

61-62

Rock left to side. Recover onto right

63&64

Step left beside right and step right to side. Touch left beside right

Start again
