

International Harvester

拍数: 40 墙数: 4 级数: Beginner
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音乐: International Harvester - Craig Morgan



Heel Jacks X2, Cross, 1/4 Turn R, R Shuffle

1&2& Cross Rf over Lf, step back on Lf, touch R heel diagonally forward to R, step Rf next to Lf
3&4& Cross Lf over Rf, step back on Rf, touch L heel diagonally forward to L, step Lf next to Rf
5-6 Cross Rf over Lf, make a 1/4 turn R whilst stepping back on Lf
7&8 Step Rf to R side, close Lf next to Rf, step Rf to R side

Heel Jacks X2, Cross, 1/4 Turn L, L Shuffle

1&2& Cross Lf over Rf, step back on Rf, touch L heel diagonally forward to L, step Lf next to Rf
3&4& Cross Rf over Lf, step back on Lf, touch R heel diagonally forward to R, step Rf next to Lf
5-6 Cross Lf over Rf, make a 1/4 turn L whilst stepping back on Rf
7&8 Step Lf to L side, close Rf next to Lf, step Lf to L side

Walk X2, Rock 1/2 Turn R, Walk X2, Rock 1/2 Turn L

1-2 Walk forward on Rf, walk forward on Lf
3&4 Rock forward on Rf, recover onto Lf, make a 1/2 turn R stepping forward on Rf
5-6 Walk forward on Lf, walk forward on Rf
7&8 Rock forward on Lf, recover onto Rf, make a 1/2 turn L stepping forward on Lf

R Shuffle Forward, L Shuffle Forward, (Kick, Cross, Back, Side X2)

1&2 Step forward on Rf, close Lf behind Rf, step forward on Rf
3&4 Step forward on Lf, close Rf behind Lf, step forward on Lf
&5&6 Kick Rf forward, cross Rf over Lf, step back on Lf, step Rf to R side
&7&8 Kick Lf forward, cross Lf over Rf, step back on Rf, step Lf to L side

1/4 Turn L Push Hips Forward And Back, R Shuffle, Rock Forward, 1/2 Turn Shuffle

1-2 Make a 1/4 turn L stepping forward on Rf (body facing 10:30) and sway hips to the R (Hips push toward 12:00), sway hips to the L (hips push toward 6:00)
3&4 Step Rf to R side, close Lf next to Rf, step Rf to R side
5-6 Rock forward on Lf, recover onto Rf
7&8 Make a 1/4 turn L stepping Lf to L side, close Rf next to Lf, make a 1/4 turn L stepping forward on Lf.

(counts 7&8 can also be done adding a 1 and a 1/2 turn).

Enjoy dance, and dont forget to tip you hat to the farmer!!!!