

Thrill Chasin'

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Shaz Walton (UK) - July 2009
音乐: Chasing A Thrill - Jeanette : (Album: Undress to the Beat)



Count in: 32 counts. On vocals.

Walk. Walk. Out. Out. Back. Back. Together. Forward.

1-2 Walk forward right. Walk forward left.
3-4 Step right to right diagonal. Step left to left diagonal (push hips out)
5-6 Step back right. Step back left.
7-8 Step right beside left. Step forward left. ** Restart Point.

Side. Touch. ¼ . Together. Forward. Touch. ¼ step.

1-2 Step right to right. Touch left beside right.
3-4 Step left forward making ¼ left. Step right beside left.
5-6 step forward left. Touch right beside left.
7-8 step right ¼ right. Step left beside right. (keep it poppy/funky)

Chasse right. ¼ chasse left. Cross. Side. Rock. Recover. Cross.

1&2 Step right to right. Step left beside right. Step right to right.
3&4 Make ¼ left stepping left to left. Step right beside left. Step left to left.
5-6 Cross step right over left. Rock left to left.
7-8 Recover on right. Cross step left over right.

Side. Slide. Ball. Cross. Side. Sailor ½. side. Together. Flick

1-2 Take a BIG step to right. Slide left upto right.
&3-4 Step left beside right. Cross right over left. Step left to left side.
5&6 Cross step right behind left. Make ½ turn right stepping left to left. Step right to right.
7-8 Take a big step to left. Step right beside left as you flick left to left side.

Cross. Point. Behind. Point. Touch. ¼ knee pop. Knee pop. Hold.

1-2 Cross step left over right. Point right to right side.
3-4 Step right behind left. Point left to left,
5-6 Touch left beside right. Make ¼ left dropping weight onto left right & pop right knee.
7-8 Step back slightly right popping left knee forward (left toes on floor, heel raised) HOLD

Ball Step. Lock. Turn. Touch. Hold. Ball step. Lock. Turn. Point. Hold.

&1-2 Step slightly back on left ball. Step right foot diagonally forward. Lock left behind right
&3-4 Make ½ turn left stepping right beside left. Touch left slightly forward. HOLD
&5-6 Step slightly back on left ball. Step right foot diagonally forward. Lock left behind right
&7-8 Make ¼ turn left stepping right beside left. Touch left to left side. Hold

Ball. Cross. Hold. ¼ forward. Hold. Rock. Recover. ½. ¼.

&1-2 Step left beside right. Cross right over left. HOLD
3-4 Make ¼ left stepping left forward. HOLD (counts 2-3...smoooooooooth!)
5-6 Rock forward on right. Recover on left.
7-8 Make 1/2 right stepping right forward. Make ¼ right stepping left to side.

Sailor step. Hold. Ball. Cross. Hold. Ball. Cross. ¼ stomp. Hold

1&2 Cross step right behind left. Step left to left. Step right to right.
3&4 HOLD. Step left beside right. Cross step right over left.

5&6 HOLD. Step left beside right. Cross step right over left.

7&8 Make ¼ left Stomping left forward. HOLD

Begin again.

****Restart – wall 3. Facing 12 O Clock**

Dance the first 8 counts of the dance again & begin again from the beginning.

Dance with your heart....& your feet will follow

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