

Hippy Dippy Mambo (aka Hip Swinging Blues)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Easy Beginner
编舞者: Sue Ann Ehmann (USA) - May 2009
音乐: Gon' Dance - Ron Moody : (Choreographer's Preferred Track)



1st Place – Non-Country Beginner Line Dance, JG Marathon 2009

Alt. Music:

Hip Swinging Blues by Diedra (alt track – no tags) bpm: 115 Intro: 48 counts

Never Live Without You by Adam Brand (alt country track) bpm: 130 Intro: 16 counts

Intro: 16 counts (Vocals)

WALK, WALK, WALK, KICK, BACK, BACK, BACK, TOUCH BACK

1-4 Walk forward right, left, right, kick (or touch) left foot forward

5-8 Walk back left, right, left, touch right back

DIP, POINT 4X

1-2 Step right to side (as you dip), straighten and point left toe to side

3-4 Shift weight to left (as you dip), straighten and point right toe to side

5-6 Shift weight to right (as you dip), straighten and point left toe to side

7-8 Shift weight to left (as you dip), straighten and point right toe to side

Note: styling option – swing hips around and bump as you point for these counts.

VINE RIGHT, TOUCH, VINE LEFT WITH 1/4 TURN, HOLD

1-2 Step right to side, step left behind right

3-4 Step right to side, touch left next to right

5-6 Step left to side, step right behind left

7-8 Turn 1/4 left stepping forward on left, hold (9:00)

RIGHT MAMBO FORWARD, LEFT MAMBO BACK

1-4 Rock right forward, recover left in place, step right next to left, hold

5-8 Rock left back, recover right in place, step left next to right, hold

Begin again

TAG: Only when dancing to Gon' Dance by Ron Moody

Repeat last 8-counts (Mambo steps) at the end of walls 2, 4, 5, 7, 8 (facing: back, front, side, side, front)

OPTION: Feel free to leave these tags off if dancing/teaching in a bar or similar social situation. The dance will work fine without them.

Note: Using the tags is a great way to introduce the beginner dancer to the concept of tags in a very easy way – plus it reinforces learning the Mambo step!

Thank you Max Perry for your invaluable input about the tags for the Gon' Dance track.