

Unsung Hero

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Alan Haywood (UK) - July 2009
音乐: Unsung Hero - Tina Arena : (Album: In Deep)



OUR TRIBUTE TO MICHAEL JACKSON

Alt. track – “Rock With You” by Michael Jackson – Essential and various others including HIStory.

Intro – 40 counts – start on the word ‘silence’

Section 1: Rock fwd L, recover R, shuffle ½ L, R fwd, ¼ L, cross shuffle

1-2 Rock forward onto left, recover weight back onto right
3&4 Shuffle ½ turn left stepping left right left (6 o'clock)
5-6 Step forward onto right, pivot ¼ left (3 o'clock)
7&8 Cross step right over left, step left to left side, cross step right over left

Section 2: L side, R behind, ¼ L shuffle, R fwd, ½ L, R fwd ½ R ¼ R

1-2 Step left to left side, cross step right behind left
3&4 Step left ¼ left, close right next to left, step left forward (12 o'clock)
5-6 Step forward onto right, pivot ½ left (6 o'clock)
7&8 Step forward onto right (prep for turn), make ½ turn right stepping left back, make ¼ turn right stepping right to right side (3 o'clock)

Section 3: Cross rock L over, recover R, ¼ L shuffle, R fwd, ½ L, walk fwd R L

1-2 Cross rock left over right, recover weight back onto right
3&4 Step left ¼ left, close right next to left, step left forward (12 o'clock)
5-6 Step forward onto right, pivot ½ turn left (6 o'clock)
7-8 Walk forward right, walk forward left

Section 4: R side rock, recover L, R behind L, L ¼ L, R fwd, rock fwd L, recover R, ½ L, R fwd

1-2 Rock right to right side, recover weight onto left
3&4 Cross step right behind left, step left ¼ left, step right forward (3 o'clock)
5-6 Rock forward onto left, recover weight back onto right
7-8 Pivot ½ left stepping left forward, step forward onto right

TAG (only required when dancing to Tina Arena)

At the end of walls 1 and 5, both times facing 9 o'clock, add a 4-count tag

Sway left to left side, hold for 1 count, sway right to right side, hold for one count

E-Mail: alan.haywood@yahoo.com Website: www.alanhaywood.co.uk