

# Treacle not Pudding

COPPER KNOB  
BY STEPHEN

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Craig Bennett (UK) & Paul McAdam (UK) - June 2009  
音乐: Work - The Saturdays : (Album: If This is Love)



Count in: Approximately 32 counts from Start of track on vocals.

## (1-8) KICK BALL CHANGE, SWIVEL ½ TURN, CROSS ROCK SIDE, CROSS SHUFFLE

1&2      Kick right foot forward, step back on ball of right foot, step forward on left foot  
3&4      Make a ½ turn right swivelling heels left, right, left (weight finishes on left)  
5&6      Cross rock right foot over left, step back on left foot, step right foot to right side  
7&8      Cross left foot over right, step right foot to right side, cross left foot over right

## (9-16) SWITCHES & SWIVEL, COASTER STEP ½ TURN TOUCH

1&2      Touch right toe to right side, step right foot next to left, touch left toe out to left side  
&3&4      Step left foot next to right, touch right toe forward, swivel both heels right, swivel heels back to centre  
5&6      Step back on right foot, step left foot next to right, step forward on right foot  
7,8      Pivot ½ turn left and take weight on left, touch right toe next to left

## (17-24) OUT-OUT & CROSS, HOLD & CROSS, SYNCOPATED SIDE ROCKS

&1      Step right foot out to right side, step left foot out to left side  
&2      Step slightly back on right foot, cross left foot over right foot  
3&4      Hold a count, step right foot to right side, cross left foot over right  
5&6&      Rock right foot to right side, recover weight on left, cross right foot behind left, rock left foot out to left side  
7&8      Recover weight on right foot, cross left foot behind right, step right foot forward

## (25-32) 2X WALKS, STEP ½ TURN STEP, ¾ CROSS, SIDE ROCK CROSS

1,2      Walk forward on left foot, walk forward on right foot  
3&4      Step forward on left foot, pivot ½ turn right, step forward on left foot  
5&6      Make a ½ turn left and step back on right foot, make a ¼ turn left and step left foot to left side, cross right foot over left  
7&8      Rock left foot out to left side, recover weight on right, cross left foot over right

**START AGAIN AND ENJOY!**

### RESTARTS:

There are 2 Restarts they both happen after count 16, on the 2nd wall and the 5th wall.