Summer Nights



编舞者: Nicky Jackson - June 2009 音乐: Summer Nights - Rascal Flatts



STEP TOUCH W/CLAP R & L; WALK RL; KICK STEP TOUCH

1-4 Step out to the R, touch L foot next to R w/clap; Step out to the L, touch R foot next to L

w/clap

5,6 Walk forward RL

7& 8 Kick R foot forward, step it back in place, touch L foot next to R

3/4 TURN L; STEP TOUCH; STEP CROSS STEP; QUICK STEP CROSS x2

Step back with L foot making a ¼ turn to L

Step across L with R making a ½ turn to L

Step out to L, touch R foot next to L w/clap

5.6 Step out R, cross L over R

&7&8 Do a quick step to R twice with feet in crossed position- step RLRL (baby steps)

SLIDE R; SHAKE HIPS (BOUNCE); SLIDE L; SHAKE HIPS (BOUNCE)

1,2 Step to R & slide L foot next to R

3&4 Bounce/shake hips RLR

5,6 Step to L & slide R foot next to L

7&8 Bounce/shake hips LRL

KICK STEP TOUCH x2; WALK AROUND L (FULL CIRCLE)

1&2 Kick R foot forward, step R foot back in place, touch L foot out to L side Kick L foot forward, step L foot back in place, touch R foot out to R side

5-8 "Party Time" – walk in a full circle to L & have a good time

(variation -would be to do a paddle turn touching R out to side making ¼ turn w/each step)

Repeat ~ & Remember to have FUN!!!!