

Evacuate

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Phil Newman - June 2009
音乐: Evacuate the Dancefloor - Cascada



Dance starts after 16 counts in time with vocals

Syncopated Kick, point. Kick, point. Right ¼ Jazz box

1&2 kick right forward, replace weight point left to left side
3&4 kick left forward, replace weight point right to right side
5-6 step right in front of left, step back on left making ¼ turn right
7-8 step forward on right, step forward on left

Apple jacks, right forward rock, turning coaster step

1-2 step forward shoulder width apart, right, left
3 raise right heel and left toe, swivel to left
& replace weight to centre
4 raise left heel and right toe, swivel to right
& replace weight to centre
5-6 rock forward on right, replace
7&8 full turn in 3 steps right, left, right. (Clockwise direction)

Left rock, 1 ½ turn (alt: ½ shuffle) pivot half ¼ turn, crossing shuffle

1-2 rock forward on left, recover (start turning anti-clockwise)
3&4 1 ½ turn in 3 steps left, right, left (or ½ shuffle left, right, left)

You should be facing 9 'o' clock

5-6 step forward right pivot ¼ turn
7&8 cross right in front of left, bring left up to meet, cross right in front of left.

Hip bumps, grapevine

1-2-3-4 bump/swing hips left, right, left, right
5-6 cross left in front of right, step right to right side
7&8 step left behind right, step right to right side, cross left in front of right.

Unwind full turn, sailor, step points

1-2 unwind whole turn sweeping right foot out
3&4 step right behind left, tap left in place, step right to right side
5-6 step forward left, point right to right side
7-8 step forward right, point left to left side

(5-8 shake hands (like holding maracas) at head height to the left then the right)

Touch point, coaster, walks, kick hip bump.

1 touch left behind right
2 point left to left side
3&4 step left back, step right back, step forward on left
5-6 walk forwards right, left
7&8 kick right forwards, bump hips left turning ¼ left, bump hips right squatting back on right leg slightly

(&8 faces 6 'o' clock wall)

Bump, half turn, anchor x 2

1&2 straighten up pushing chest forward, push hips forward, push hips back bending right leg (sitting position)

- 3-4 step forward left, pivot half turn (anti-clock) stepping back on right
5&6 step left behind right, step right in place, step left behind right popping right knee upwards
7&8 step right behind left, step left in place step right behind left popping left knee upwards
(5-8 travel backwards slightly)

Syncopated cross, arms x 2

- &1 step left in place, cross right in front of left
2 step left to left side
3 cupping hands together to make a right angle push right elbow to right, left elbow pointing to the floor
4 push left elbow to left, right pointing to the floor
&5 step right in place, cross left in front of right
6 step right to right side
7 cup hands together to make a right angle, push left elbow to left, right elbow pointing to the floor
8 push right elbow to right side, left elbow pointing to the floor
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