

Sexy Baila

COPPERKNOB
STEPSHEETS

拍数: 0 墙数: 0 级数: Phrased / Intermediate
编舞者: Mary Frances Chua (MY) - July 2009
音乐: Baila Morena - Zucchero



Notes : Sequence A, A, Tag, B, A, Tag, B, B, Partial A, B, B

Start on vocals (32 counts from heavy guitar beat)

PART A (48 counts)

SKATE, ROCK RECOVER, TRIPLE STEPS

1-4 Small skate steps – right, left, right, left
5-6 Step forward on right, recover on left
7&8 Right triple steps on the spot

SKATE, ROCK RECOVER, TRIPLE STEPS (MIRROR)

Repeat above 1-8 counts starting with left

ROCKING CHAIR, 1/2 PIVOT, FORWARD SHUFFLE

1-4 Step right forward, rock back on left, Step right back, rock left forward
5-6 Step right forward, pivot 1/2 turn left (6.00)
7&8 Shuffle forward, right, left, right (hands out, shimmy/shake)

ROCKING CHAIR, 1/2 PIVOT, FORWARD SHUFFLE (MIRROR)

Repeat above 1-8 counts starting with left

**** Partial A will end here with 32 counts ****

1/4 PADDLE TURN (4X), ROCK RECOVER, TRIPLE STEPS

1-4 Weight on left, right toe point to side (12.00, 9.00, 6.00, 3.00) 1/4 paddle & snap fingers (4X)
5-6 Step forward on right, recover on left
7&8 Right triple steps on the spot

1/4 PADDLE TURN (4X), ROCK RECOVER, TRIPLE STEPS (MIRROR)

Repeat above 1-8 counts starting with left

TAG (12 counts)

RIGHT FORWARD MAMBO, LEFT BACK MAMBO, RIGHT SIDE MAMBO, LEFT SIDE MAMBO

1&2 Rock right forward, recover left, right to left
3&4 Rock left to back, recover on right, left to right
5&6 Rock right side, recover left, right to left
7&8 Rock left side, recover right, left to right

HIP BUMP (4X)

1-4 Bump hips stylishly , right, left, right, left

PART B (48 counts)

STEP POINT, FORWARD SHUFFLE, STEP POINT, FORWARD SHUFFLE

1-2 Step forward right, step point toe to left side (both hands stretched outward)
3&4 Left forward shuffle (shimmy/shake in style)
5-8 Repeat above 1-4 counts

BACK SHUFFLE (4X)

1&2 Right back shuffle (hands out and shimmy/shake in style)

3&4 Left back shuffle (hands out and shimmy/shake in style)
5-8 Repeat above 1-4 counts

RIGHT HEEL TOUCH, STEP CROSS (2X), SIDE ROCK RECOVER, CROSS SHUFFLE

1&2 Touch right heel forward, step right back, cross left over right
3&4 Touch right heel forward, step right back, cross left over right
5-6 Right side rock, recover on left
7&8 Cross right over left, step left, cross right over left

RIGHT HEEL TOUCH, STEP CROSS (2X), SIDE ROCK RECOVER, CROSS SHUFFLE (MIRROR)
Repeat above 1-8 counts starting with left

SWAY RIGHT LEFT (2X), STEP TOGETHER, SIDE CHASSE

1-4 Sway right, left, right, left
5-6 Step right to right, step left next to right
7&8 Step right to right side, left together, step right to right side

ROCK RIGHT LEFT (2X), STEP TOGETHER, SIDE CHASSE (MIRROR)
Repeat above 1-8 counts starting with left

ENDING

Step right forward, left toe point at side with left hand at waist and right hand at hip (stylish pose) !

HAVE FUN & ENJOY THE DANCE !!
