

Angels Fly

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Ria Vos (NL) - June 2009
音乐: Angels Fly - Reamonn : (Album: Beautiful Sky - Total Duration 4:36 also 1st Track on Single)



Intro: 32 counts

Cross Rock Fwd, Rec., Side Rock, Rec. Step Back with Sweep, Behind, ¼ turn R, ¼ Turn R Side, Rock Back, Rec. ¼ Turn L, Full Turn L, ¼ Turn L Side

1&2& Cross Rock Fwd on R, Rec. on L, R Side Rock, Rec. on L
3 Step back on R, Sweep L from Front To back
4& Step L Behind R, Turn ¼ Right Step R Fwd (3:00)
5 Turn ¼ Right Step L Long Step to Left Side (6:00)
6& Rock Back on R, Recover on L
7 Turn ¼ Left Step back on R (3:00)
8& Turn ½ Left Step Fwd on L, Turn ½ Left Step Back on R (3:00)
1 Turn ¼ Left Step L Long Step to Left Side (12:00)

Cross, ¼ turn R, Side, Diag. Run, Run, ¼ Turn R Sway L, Sway R, ½ Turn L, Step Fwd

2& Cross R Over L, Turn ¼ R Step Back on L (3:00)
3 Step R to Right Side Angling Body to Right Diagonal
4& "Run" Fwd to Right Diagonal Stepping L, R (4:30)
5-6 Turn ¼ Right Step and Sway L to Left Side, Sway R (6:00)
7 Push off on R Turning on L Foot ½ Turn Left Hitching R (12:00)
8 Step Fwd on R Slightly Crossed

Rock Fwd, Rec., Ball-Step, 1 ½ Turn L, Lunge/Rock Fwd, Rec. R Full Circle Walk Around With Sweep

1-2 Rock Fwd on L (Slightly Crossed), Recover on R
&3 Step on Ball of L next to R, Step Fwd on R
4&5 Turn ½ Left Step fwd on L, Turn ½ Left Step Back on R, Turn ½ Left Step Fwd on L (6:00)
6-7 Lunge/Rock Fwd on R, Recover on L (Start Turning Right)
8& Turn ½ Right "Run" Fwd on R, Turn ¼ Right "Run" Fwd on L,
1 Turn ¼ Right Step Fwd on R Sweeping L Around From Back to Front (6:00)

Note Count 8&1 will make a full turn walk around circle

Touch, Sweep, Behind-Side-Cross With Sweep, Touch, Sweep, ¼ Turn R Behind, Side

2 Cross Touch R Over L
3 Sweep L Around From Front to Back
4&5 Step L Behind R, Step R to Right Side, Cross L Over R Sweeping R Around from Back to Front
6-7 Cross Touch R Over L, Sweep R Around From Front to Back
8& Turn ¼ Right Step R Behind L, Step L to Left Side (9:00)