

# Breathless

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 2      级数: Beginner  
编舞者: William Sevone (UK) - June 2009  
音乐: Breathless - Mica Paris : (Album: Born Again)



**Choreographers note:- The dance is deceptively fast – keep the steps short. Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'. Dance starts on main vocals after 16sec – 32 count intro. Weight on left.**

## **4x Knee Pop. Cross. Back. Side-Cross-Point (12:00)**

- 1 – 2      Pop right knee inward. Straightening right – pop left knee inward.
- 3 – 4      Straightening left – pop right knee inward. Straightening right – pop left knee inward.
- 5 – 6      Straightening left - cross right over left. Step backward onto left.
- 7& 8      Step right to right side, cross left over right, point/touch right to right side.

## **Cross. Rock. Recover. 3/4 Left Fwd. Hitch. 1/4 Right. Coaster (6:00)**

- 9 – 10      Cross right over left. Rock left to left side.
- 11 – 12      Recover onto right. Turn  $\frac{3}{4}$  left & step forward onto left (3).
- 13 – 14      Hitch/raise right knee. Turn  $\frac{1}{4}$  right & step backward onto right (6).
- 15& 16      Step backward onto left, step right next to left, step forward onto left.

**RESTART: Wall 5 – moving right leg toward left - restart dance from count 1**

## **Fwd. 1/2 Left Sweep. Sailor. Rock. 3x Diagonal Raised Step (12:00).**

- 17 – 18      Step forward onto right. Turning  $\frac{1}{2}$  left – sweep left from front to back (12).
- 19& 20      Step left behind right, step right next to left, step left to left side.
- 21 – 22      Rock right behind left – raising left knee. Recover onto left – stepping diagonally right.
- 23 – 24      Raise right knee & step right diagonally left. Raise left knee & step diagonally right.

## **Rock-Recover. 3x Raised Diagonal Step. Rock-Recover. Raised Cross Step. Unwind 1/2 Left (6:00)**

- 25& 26      Rock right to right side, recover onto left, raise right knee & step right diagonally left.
  - 27 – 28      Raise left knee & step diagonally right. Raise right knee & step right diagonally left.
  - 29& 30      Rock left to left side, recover onto right, raise left knee & step left diagonally right.
  - 31 – 32      Raise right knee & cross right over left. Unwind  $\frac{1}{2}$  left – weight on left.
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