

I Won't Cry

拍数: 32 墙数: 2 级数: Improver
编舞者: Cato Larsen (NOR) - April 2009
音乐: I Won't Cry - Elin Lanto : (CD: One 05)



Intro: Start at vocals after 8 counts (6 seconds).

(1–8) Mambo Step Forward, Mambo Step Back, Step, 1/2 Turn, Step, 1/4 Turn.

1&2 Step forward on right (1), Rock (recover) back onto left (&), Step right next to left (2). [12:00]
3&4 Step back on left (3), Rock (recover) forward onto right (&), Step left next to right (4).
5,6 Step forward right (5), Pivot ½ turn left (6). [6:00]
7,8 Step forward right (7), Pivot ¼ turn left (8). [3:00]

(9–16) Cross Rock, Side, Cross Rock, Side, Rolling Vine Right.

1& Step right across of left (1), Rock (recover) back again onto left (&).
2 Step right to right side (2).
3& Step left across of right (3), Rock (recover) back again onto right (&).
4 Step left to left side (4).
5 Pivot ¼ turn right Stepping forward on right (5). [6:00]
6 Pivot ½ turn right Stepping back on left (6). [9:00]
7,8 Pivot ¼ turn right Stepping right to the side right (7), Touch left toe next to right (8). [3:00]

(17–24) 1/4 Turn, Step, 3/4 Turn, Side Shuffle, Out, Out, Cross Rock, 1/4 Turn.

1& Step left ¼ turn left (1), Step forward on right in a 5th position (&). [12:00]
2 Pivot ¾ turn left on ball of right foot (almost unwind) (2). [3:00]
3&4 Step left to left side (3), Step right next to left (&), Step left to left side (4).
4 Step right slightly right by rolling knee clockwise (5).
5,6 Step left slightly left by rolling knee counter clockwise (6).
7 Step right across of left (7), Rock (recover) back again onto left (&).
8 Pivot ¼ turn right Stepping forward on right (8). [6:00]

(25–32) Step, 1/2 Turn, Contra 1/2 Turn, ¼ Turn Sweep Into Weave, 1/4 Pivot Turn, 1/2 Pivot Turn.

1,2 Step forward on left (1), Pivot ½ turn right (weight on right) (2). [12:00]
3 Keep weight on right and Pivot ½ turn left and start Sweeping left foot out (3). [6:00]
4 Pivot another ¼ turn left and complete left Sweep (4). [3:00]
5&6 Step left behind right (5), Step right to right side (&), Step left across of right (6).
7 Pivot ¼ turn left Stepping back on right (7). [12:00]
8 Pivot ½ turn left Stepping forward on left (8). [6:00]
