Real Time



拍数: 32 墙数: 4 级数: High Beginner

编舞者: Maggie Gallagher (UK) - June 2009

音乐: This Time I Know It's For Real - Young Divas: (Album: Young Divas)



Intro: (34 sec) The first verse ends with "This Time I Know It's For Real" START - song continues "What Would I Have To Do" CW Rotation.

WALK, ROCK, RECOVER, LEFT LOCK BACK, 1/2 RIGHT, STEP, 1/2 PIVOT RIGHT

1,2,3 Walk forward on right, Rock forward on left, Recover onto right [12.00]

4&5 Step back on left, Lock right over left, Step back on left

6,7 1/2 turn right stepping forward on right, Step forward on left [6.00]

8 1/2 pivot turn right (weight forward on right) [12.00]

LEFT SHUFFLE, STEP, 1/4 LEFT, RIGHT CROSS-SHUFFLE, 1/4 RIGHT x2

1&2 Step forward onto left, Step right next to left, Step forward on left

3,4 Step forward on right, 1/4 turn left (weight on left) [9.00]
5&6 Cross right over left, Step left o left side, Cross right over left

7,8 1/4 turn right stepping back on left, 1/4 turn right stepping right to right side [3.00]

ROCK, RECOVER, LEFT COASTER, STEP-1/2 PIVOT x2

1,2 Rock forward on left, Recover onto right

3&4 Step back on left, Step right next to left, Step forward on left

5,6 Step forward on right, 1/2 pivot turn left [9.00] 7,8 Step forward on right, 1/2 pivot turn left [3.00]

Easier option: 5-8 Right Rocking chair. Restart here: During walls 3 and 7.

CROSS, POINT, CROSS, SIDE ROCK, RECOVER, RIGHT JAZZ BOX

1,2 Cross right over left, Point left to left side

3,4& Cross left over right, Rock out to right side, Recover onto left side

5,6 Cross right over left, Step back on left

7,8 Step right to right side, Step left next to right [3.00]

Restarts: These happen after 24 counts during walls 3 and 7.