

# Cranky

拍数: 32      墙数: 4      级数: Easy Intermediate  
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音乐: Crank It Up - Ashley Tisdale : (CD: Guilty Pleasure)



## 32 Count intro

**Side Step Left. Right Sailor with Hitch. & Cross. 1/4 Turn Left. Side Step Left. Right Cross Shuffle.**

- 1            Step Left to Left side.
- 2&3        Cross Right behind Left. Step Left to Left side. Hitch Right knee up.
- &4        Step ball of Right beside Left. Cross step Left over Right.
- 5 – 6      Make 1/4 turn Left stepping back on Right. Step Left to Left side.
- 7&8        Cross step Right over Left. Step Left to Left side. Cross step Right over Left. (Facing 9 o'clock)

**Side Rock and 1/4 Turn Right with Cross. 2 x Prissy Walks Forward. Right Mambo 1/2 Turn Right. Step Forward Left. 1/2 Turn Left.**

- 1&        Rock Left out to Left side. Recover weight on Right making 1/4 turn Right.
- 2        Cross step Left Forward over Right. (Facing 12 o'clock)
- 3 – 4    Cross step Right Forward over Left. Cross step Left Forward over Right.
- 5&6      Rock forward on Right. Rock back on Left. Make 1/2 turn Right stepping forward on Right.
- 7 – 8    Step forward on Left. Make 1/2 turn Left stepping back on Right. (Facing 12 o'clock) \*\*Restart Point\*\*

**Left Sailor Cross 1/4 Turn Left. Chasse Right. Back Rock. Triple 3/4 Turn Right.**

- 1&2        Sweep/Cross Left behind Right making 1/4 turn Left. Step Right beside Left. Cross step Left over Right.
- 3&4        Step Right to Right side. Close Left beside Right. Step Right to Right side. (Facing 9 o'clock)
- 5 – 6      Rock back Left behind Right. Rock forward on Right.
- 7&        Make 1/4 turn Right stepping back on Left. Make 1/2 turn Right stepping forward on Right.
- 8        Step forward on Left. (Facing 6 o'clock)

**Step Forward. Left Mambo Forward. Right Shuffle 1/2 Turn Right. Mambo 1/4 Turn Left. Cross.**

- 1            Step forward on Right.
- 2&3        Rock forward on Left. Rock back on Right. Step back on Left.
- 4&5        Right shuffle making 1/2 turn Right stepping Right. Left. Right. (Facing 12 o'clock)
- 6&7        Rock forward on Left. Rock back on Right. Make 1/4 turn Left stepping Left to Left side.
- 8            Cross step Right over Left. (Facing 9 o'clock)

## Start Again

**Note: To keep to the phrasing of the music ... A Restart is needed During Wall 4 (Facing 3 o'clock)  
Dance up to Count 16 ... Then Restart the dance again from the Beginning (Facing 3 o'clock)**