My Love Is True



编舞者: Leong Mei Ling (MY) - February 2009

音乐: The Moon Represents My Heart (月亮代表我的心) - Teresa Teng (鄧麗君)



Intro: 16 counts

To Jit Phong and her ladies: This is for you. Thank you for the sending me the music.

Easier options have been provided for those who do not like turns :-)

(1-8) Box (SQQ, SQQ, SQQ, SQQ)

[Note: Just before count 1 you would be coming out of a right sweep/ronde. The momentum will demand that you step your right foot slightly crossed behind left, body angled to 1:30]

1-2& Cross step right behind left, step left beside right, step right in place
3-4& 1/4 turn left step left forward, step right beside left, step left in place [9:00]
5-6& 1/4 turn left step right back, step left beside right, step right in place [6:00]
7-8& 1/4 turn left step left forward, step right beside left, step left in place [3:00]

(9-15) 1 1/2 Turn Right, Side Back Rock, Side Back Rock, Step (SQQ, SQQ, SQQ, S)

1-2& 1/4 turn right step right forward, 1/2 turn right step left back, 1/2 turn right step right forward

[6:00]

Easier: 1/4 right step right forward (1), step forward left, right (2&)

3-4& 1/4 turn right step left to side, rock right behind left, recover to left [9:00]

5-6& Step right to right, rock left behind right, recover to right

7 Step left forward [9:00]

(16-22) Step 1/2 Turn, 1/4 Side, Back Rock, Step 1/2 Turn, 1/4 Side, Weave (QQS, SS, QQS, QQS)

8&1 Step right forward, make a 1/2 turn left and step onto left, 1/4 turn left step right to side

[12:00]

2-3 Rock back on left, recover onto right

4&5 Step left forward, make a 1/2 turn right and step onto right, 1/4 turn right step left to side

[9:00]

6&7 Cross right behind left, step left to side, step right across left

Easier option for the 1/2 turn into 1/4 side (8&1 and 4&5):

Rock right forward, recover to left, 1/4 turn right step right to side
Rock left forward, recover to right, 1/4 turn left step left to side

(23-32) Cross Walks, Left Rock Step Back, Coaster-Shuffle, 1/2 Turn, Step, Spiral-Sweep (SS, QQS, QQQQS, QQS)

8-1 Draw the left toe past the right foot and step across right, draw right toe past left foot and step

across left

2&3 Rock left forward, recover onto right, step back left

4&5&6 Step right back, step left beside, step right forward, step ball of left behind right, step right

forward

7& Step left forward, 1/2 turn right step on right8 Step left forward (preparing for a turn)

& On ball of left make a 1/2 right sweeping right foot from front to back

Easier: 7&8&: Rock left forward (7), recover on right (&), step left back (8), sweep right from front to back (&)

Repeat

To end (8th rotation facing 3:00): Dance steps 1-22:

Full unwind over left shoulder, finish with a sweep of the left foot from front to back

Easier option for 23: After the weave, your left foot is behind right. Bend your right knee and let your left foot (toe pointed) extend back like in a curtsey.