

# Loch Lomond

COPPER KNOB  
BY STEPHEN

拍数: 0                      墙数: 0                      级数: Phrased Advanced  
编舞者: Elizabeth Scott (SCO) - June 2009  
音乐: Loch Lomond (Hampden Remix) - Runrig : ("Children in Need" - Single)



[In celebration of Scotland's "Year of Homecoming" 2009]

NOTE: Speed of music varies starting slow then fast - 2 DANCES IN ONE !!

## SECTION ONE: (SLOW)

Starts On: 1st Drum Beat

### DIAGONAL STEPS FORWARD, SHUFFLE, HIP SWAYS, ¼ CHASSE LEFT

- 1 - 2                      Step left forward to left diagonal, touch right beside left
- 3 & 4                      Step right back to right diagonal, step left beside right, step back right
- 5 - 6                      Sway hips to left side; sway hips to right side
- 7 & 8                      Step Left to Left side. Close Right beside Left. Make ¼ turn left stepping forward Left

REPEAT: Section One x 5, but, on 5th wall, replace steps 7&8 with 5-6 12 O'CLOCK

## SECTION TWO: (SLOW)

### SWAY LEFT, RIGHT CHASSE LEFT, SWAY RIGHT, LEFT, CHASSE ¼ RIGHT

- 1-2                      Step left to left side, step right to right side
- 3&4                      Step Left to Left side. Close Right beside Left. Step Left to Left side
- 5-6                      Step right to right side, step left to left side
- 7&8                      Step Right to Right side. Close Left beside Right. Make ¼ turn Right step forward Right.

### SYNCOPATED FORWARD ROCK STEPS, PIVOT ¼ TURN RIGHT, CROSS STEP

- 9 - 10                      Rock forward on Left. Rock back on Right.
- &11 & 12                      Step Left quickly beside Right. Rock forward on Right. Rock back on Left
- &13 - 14                      Step forward left. Pivot ¼ turn Right (weight on Right)
- 15 - 16                      Cross step left over right. Step right to right side. 6 O'CLOCK

REPEAT: STEPS 1-16 x 4 times

### SWAY LEFT, RIGHT CHASSE LEFT, SWAY RIGHT, LEFT, CHASSE RIGHT

- 17 & 18                      Step left to left side, step right to right side
- 19 & 20                      Step Left to Left side. Close Right beside Left. Step Left to Left side
- 21 & 22                      Step right to right side, step left to left side
- 23 & 24                      Step Right to Right side. Close Left beside Right. Step Right to Right side

### SYNCOPATED RUMBA BOX ¼ TURN LEFT x 2

- 25 & 26                      Step left ¼ turn to left, step right beside, step left forward
- 27 & 28                      Step right to right, step left beside right, step right backward
- 29 & 30                      Step ¼ turn left. step right beside, step left forward
- 31 & 32                      Step right to right, step left beside right, step right backward

REPEAT: STEPS 17-32 x 2 times 12 O'CLOCK

REPEAT: SECTION ONE 12 O'CLOCK

T A G: Step Left. Touch Right Beside. Step Right. Touch Left Beside (4 Counts) 12 O'CLOCK

## SECTION THREE: (F A S T)

### WEAVE RIGHT, CROSS ROCK RECOVER, CHASSE LEFT

- 1-2                      Cross step left over right. Step right to right side
- 3-4                      Cross step left behind right. Step right to right side.
- 5-6                      Cross rock left over right. Recover onto right.
- 7-8                      Step left to left side. Close right beside left. Step left to left side.

### WEAVE LEFT, CROSS ROCK RECOVER, CHASSE ¼ TURN RIGHT

- 9-10                      Cross step right over left. Step left to left side.
- 11-12                      Cross step right behind left. Step left to left side.

- 13-14 Cross rock right over left. Recover onto left.  
 15-16 Step right to right side. Close left beside right. Make ¼ turn right stepping forward

**WALK LEFT, RIGHT, LEFT SHUFFLE, ROCK RECOVER, CHASSE ¼ TURN RIGHT**

- 17-18 Walk forward on Left. Walk Forward on Right  
 19-20 Step left forward. Close right beside left. Step left forward  
 21-22 Rock right forward. Recover onto left.  
 23-24 Step right to right side. Close left beside right. Make ¼ turn right stepping forward

**WEAVE LEFT & POINT, RIGHT CROSS, ½ RIGHT HINGE TURN, LEFT CROSS**

- 25-26 Cross step left over right. Step right to right side  
 27-28 Cross step left behind right. Point right to right side.  
 29-30 Cross Right over left, turning ¼ right step left back  
 31-32 Turning ¼ right step right side, cross left over right.

**SIDE ROCK, SAILOR ¼ TURN, LEFT BACK ROCK RECOVER, WALK LEFT RIGHT**

- 33-34 Rock right side. Recover on left.  
 35-36 Cross right behind left. Step left to left side turning ¼ left. Step right in place.  
 38-38 Rock back left. Recover onto right.  
 39-40 Step left forward. Step right forward.

**REPEAT: SECTION THREE (Steps 1-40) x 3 3 O'CLOCK**

**T A G: LEFT JAZZBOX. LEFT ¼ TURNING JAZZBOX 12 O'CLOCK**

**REPEAT: SECTION TWO (Steps 1-16 x 2, Steps 17-32 x 2) 12 O'CLOCK**

**REPEAT: SECTION THREE x 5 then on the 9 o'clock wall 9 O'CLOCK**

**Dance steps 1-24, changing steps 23&24 to R Backward Shuffle**

**SECTION FOUR: (VERY F A S T)**

**LEFT & RIGHT SAILOR STEPS, CROSS, UNWIND, FULL TURN, SIDE ROCK 12 O'CLOCK**

- 1&2 Cross Left behind Right. Step Right to Right side. Step Left to place  
 3&4 Cross Right behind Left. Step Left to Left side. Step Right to place.  
 5-6 Cross Left behind Right. Unwind full turn Left weight ends on Left.  
 7-8 Rock to Right side on Right. Recover onto Left in place.

**RIGHT & LEFT SAILOR STEPS, CROSS, UNWIND, FULL TURN, SIDE ROCK**

- 9&10 Cross Right behind Left. Step Left to Left side. Step Right to place.  
 11&12 Cross Left behind Right. Step Right to Right side. Step Left to place.  
 13-14 Cross Right behind Left. Unwind full turn Right weight ends on Right.  
 15-16 Rock to Left side on Left. Recover onto Right in place.

**RIGHT & LEFT VAUDEVILLE STEPS**

- 17-18 Step Right to Right Side. Cross Left Behind Right.  
 & 19 Step Right Diagonally Back Right. Touch Left Heel Diagonally forward Left  
 & 20 Step Onto Left Side. Cross Right Behind Left  
 21-22 Step Left to Left Side. Cross Right Behind Left  
 & 23 Step Left Diagonally Back Left. Touch Right Heel Diagonally Forward Right.  
 & 24 Step Onto Right In Place. Cross Left Over Right.

**¼ MONTEREY TURN x 2**

- 25-26 Touch Right Toe to Right Side. On ball of Left make ¼ Turn Right, Step Right to Left  
 27-28 Touch Left to Left Side. Step Left Bside Right  
 29-32 (Repeat Steps 25-28)

**REPEAT: SECTION FOUR on 6 o'clock wall**

**FINISH: Bounce Right Heel Four Times. Bounce Left Heel Four Times**

**Bump Hips Left Twice Bump Hips Right Twice x 2**

**Swivel Hips Full Circle Left. Repeat to Right**