

# Let's Get Excited

COPPERKNOB  
STEPSHEETS

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Ria Vos (NL) - May 2009  
音乐: Let's Get Excited - Alesha Dixon : (Album: The Alesha Show or Single)



**Intro: 32 counts from heavy beat**

**Rock Back Rec. Step, Full Turn L, Step Back, Hold, Rock Back, Rec.**

1-2            Rock Back on R, Recover on L  
3-4            Step Fwd on R, Pivot ½ Turn L  
5-6            Turn ½ L on L Stepping R Back, Hold  
7-8            Rock Back on R, Recover on L

**Kick. Step, Lock Step, Step Swivel ½ Turn L, Hitch**

1-2            Kick Fwd on L, Step Fwd on L (Angel body to R Diagonal)  
3-4            Lock R behind L, Step Fwd on L  
5              Step Fwd on R (Straighten up to 12:00)  
6-7-8        Swivel Heels Right, Left, Right Swiveling in Total ½ Turn L Ending with L Hitch

**Step, Hold, Ball-Step, Side Rock, Cross, ¼ Turn R x2**

1-2            Step Fwd on L, Hold  
&3            Step on Ball of R next to L, Step Fwd on L  
4-5            Rock R to Right Side, Recover on L  
6              Cross R Over L  
7-8            Turn ¼ Right Step Back on L, Turn ¼ Right Step R to Right Side

**Point, Hold, & Touch, Hold, & Cross Rock, Rec. Side Rock, Rec.**

1-2            Point L to Right Diagonal, Hold  
&3-4        Step L to Left Side, Touch R Next to L, Hold  
&5-6        Step on Ball of R Next to L, Cross Rock L Over R, Recover on R  
7-8            Rock L to Left Side, Recover on R

**Sailor Steps, Behind, Side**

1-2-3        Step L Behind R, Step R to Right Side, Step L to Left Side  
4-5-6        Step R Behind L, Step L to Left Side, Step R to Right Side  
7-8            Step L Behind R, Step R to Right Side

**½ Hinge Turn R, Hold, Ball-Cross, Side, ½ Hinge Turn L, Hold, Cross Rock Rec.**

1-2            ½ Hinge Turn Right Step L to Left Side, Hold  
&3-4        Step on Ball of R Next to L, Cross L Over R, Step R to Right Side  
5-6            ½ Hinge Turn Left Step L to Left Side, Hold  
7-8            Cross Rock R Over L, Recover on L

**Point, Hold, & ¼ Turn R, Point, Hold, Jazz-Box Touch**

1-2            Point R to Right Side, Hold  
&3-4        Turn ¼ Right Stepping R Next to L, Point L to Left Side, Hold  
5-6            Cross L Over R, Step Back on R  
7-8            Step L to Left Side, Touch R Next to L

**Point, Hold, & ¼ Turn R, Point, Hold, Cross, Back, Long Step Back, Drag**

1-2            Point R to Right Side, Hold  
&3-4        Turn ¼ Right Stepping R Next to L, Point L to Left Side, Hold

5-6

Cross L Over R, Step back on R

7-8

Step L Long Step Backwards, Drag R towards L (Without Weight)

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