

My Oh My!!

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
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音乐: Boogie Shoes - KC and the Sunshine Band



Push Forward, Back, Forward, Back-Kick. Rock Back. Recover. Side. Touch

1-2 Push right hip forward. Push right hip back (weight left)
3-4 Push right hip forward. Recover weight on left as you kick right forward.
(Really push- get into the groovy beat!)
5-6 Rock back on right. Recover on left.
7-8 Step right to right. Touch left beside right.

Side. Slide. Rock. Recover. Side. Side. Slide. Rock. Recover. ¼ Right.

1-2 Take a big step left. Slide right up to left.
&3-4 Rock back right. Recover left. Step right to side.
5-6 Take a big step left. Slide right up to left.
&7-8 Rock back right. Recover on left. Make ¼ right stepping right forward.

Rock. Recover. Ball Step. Point. Cross Unwind ½ Right .Sailor Step.

1-2 Rock forward left. Recover on right.
&3-4 Step left beside right right. Step forward right. Point left to left side.
5-6 Cross left over right. Unwind ½ turn right. (Weight ends left)
7&8 Cross right behind left. Step left to side. Step right to side.

Side. Hold. Ball. ¼ Left. ¼ Step. Side. Hold. Ball. Side. Side/Bump.

1-2 Step left to side. Hold
&3-4 step right beside left. Step left forward ¼ left. Make ¼ left stepping right beside left
5-6 Step left a Small step to left. Hold.
&7-8 Step right beside left. Point left to side. Bump left hip (taking weight on left)

Make this a sexy/bumpy/wiggly section- have fun with it!

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