

Fooling Myself

拍数: 32 墙数: 4 级数: Beginner
编舞者: Julie Murray (UK) - May 2009
音乐: Fooling Myself - Henry Smith : (Album: Laid Back)



Intro: 16 counts. (8 seconds)

SECTION ONE: FORWARD, CLAP, FORWARD, CLAP, BACK, CLAP, BACK, CLAP

- 1,2,3,4 Step forward on right, touch left next to right and clap at same time. Step forward on left and touch right next to left and clap at same time.
- 5,6,7,8 Step back on right, and touch left next to right and clap at same time. Step back on left and touch right next to left and clap at the same time.

SECTION TWO: GRAPEVINE RIGHT TOUCH, KICK BALL CROSS, SIDE, TOUCH

- 1,2,3,4 Step right to right side, cross left behind right, step right to right side and touch left next to right.
- 5&6 Kick left foot forward, step left next to right, cross right over left.
- 7, 8 Step left to left side, touch right next to left.

SECTION THREE: GRAPEVINE RIGHT TOUCH, KICK BALL CROSS, SIDE, TOUCH

- 1,2,3,4 Step right to right side, cross left behind right, step right to right side and touch left next to right.
- 5&6 Kick left foot forward, step left next to right, cross right over left.
- 7, 8 Step left to left side, touch right next to left.

SECTION FOUR: RIGHT, TOUCH, LEFT, TOUCH, QUARTER TOUCH, LEFT TOUCH (with finger clicks on each touch, hands at shoulder level)

- 1,2,3,4 Step right to right side, touch left next to right, step left to left side, touch right next to left.
- 5,6,7,8 Make a quarter turn to the left by stepping right to right side, touch left next to right, step left to left side and touch right next to left.

And that's all there is to it!

Enjoy!

Thank you to Henry for asking me to write a dance to this fabulous bouncy country song.
